

## INTRODUCTION

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This Parenting Resource Directory was designed to provide a listing of referral resources for care providers in the community. The programs listed in this directory have been identified as organizations that provide specific parenting services for families with children. These programs have not been evaluated in any way by CAPP; listing in this directory does not imply endorsement of a given program. When using this directory to make referrals, we encourage you to assess the appropriateness of a given program for an individual family. We have made every attempt to make this directory as accurate and comprehensive as possible.

We invite you to let us know about any additions, subtractions or corrections which should be made to the directory; we plan to update it on an annual basis. In addition, we appreciate you sharing your experiences with referral resources you have used. On the last page of this directory there is a "Referral Usage Form." Please complete the form and return it to the Child Abuse Prevention Program with your feedback. Thank you in advance for your assistance in keeping this directory as accurate and useful as possible.

**SPA 1**

**ANTELOPE VALLEY**

## **SPA 1: ANTELOPE VALLEY**

### **BIG BROTHERS/GREATER LOS ANGELES**

Antelope Valley Social Services Center  
742 W. Avenue "K"  
Lancaster, CA 93534  
(805) 940-1507  
(800) 207-7567

Provides a one-to-one friendship between fatherless boys (little Brothers) and adult male volunteers (Big Brothers). Volunteer Big Brothers must provide a driver's license and proof of auto insurance, and must be over 18 years of age. Boys must be 6 to 12 years of age to participate in the program. Serves Los Angeles county.

### **CHILDREN'S BUREAU OF SO CALIF**

Antelope Valley Office  
1529 E. Palmdale Blvd., Suite 210  
Palmdale, CA 93550  
(805) 272-9996  
(805) 272-0438 FAX

Offers a 12-Week parent education in English and Spanish, ongoing Parenting Anonymous support group, plus in-home parenting training, counseling and support for pregnant teens. High school program offered in Spanish & English. Foster care program offers recruitment, training and supervision of foster families. Also family reunification services. Serves Antelope Valley, and part of Kern County. Walk-in or call. Two month waiting period for in-home services. Services are free. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m.

### **FAMILIES CARING FOR FAMILIES**

Family Resource Center  
P.O. Box 368  
Lancaster, CA 93584  
(805) 949-1746

The Family Resource Center helps families access services for their children who are developmentally disabled, delayed, at risk of delay, physically disabled, learning delayed, emotionally delayed and/or medically fragile. Program assist children of all ages. Services include information, referral, transportation if eligible, parent support including parent to parent support, service coordination, advocacy, clothing, toys, and equipment share program, library and more. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 p.m.

### **LA LECHE LEAGUE/ANTELOPE VALLEY**

(805) 945-3150 24 Hour Line

**SPA 2**

**SAN FERNANDO VALLEY**

## **SPA 2: SAN FERNANDO VALLEY**

### **ACTING, A PARENT / TEEN SUPPORT**

3959 Laurel Canyon Blvd ., Suite L

Studio City , CA 91604

(800)367-8336

(800) FOR - TEENS

(818)763-9568 FAX

Free weekly support groups for parents and adolescents. Offer support to families dealing with low self-esteem, depression, drug and alcohol abuse, running away from home, pregnancy and other family related issues. Also provide individual and family therapy on a sliding scale, low-cost drug testing, crisis intervention, immediate inpatient and outpatient referrals, and a 24hr. Helpline.

### **ANSWERING THE CALL**

Total Involvement Ministry, Inc.

8516 Langdon Ave

North Hills, CA 91343-5817

(818)893-7059(VOICE)

(818)893-7059FAX)

Strive to reach at-risk youth in-crisis. Some of the programs include: sport activities ,tutoring, outdoor adventures, street counseling, pray vigils etc. Prison and street ministry programs. Call for more information. Serves: L.A. county.

### **BIG SISTERS OF LOS ANGELES**

13130 Burbank Blvd., Room L-21

Sherman Oaks, CA 91401

(818)780-9785

Serves girls at risk or in need, ages 6-18 (up to age 21 if pregnant or parenting), are matched to volunteer Big Sisters. Volunteer Big Sisters act as positive role models and provide friendship, companionship and guidance on a one to one basis. This mentoring relationship exposes girls to new experiences and alternatives, assisting them to become responsible, self-sufficient and independent young women.

Professional staff screen and train Big Sisters and supervise matches.Serves San Fernando Valley.

**OFFICE HOURS:** Tuesday thru Thursday 9:00 a.m. to 5:30 p.m., evening hours available. Services are free.

### **BIG BROTHERS/GREATER LOS ANGELES**

Lankershim Social Service Center

8330 Lankershim Blvd.

North Hollywood, CA 91605

(818) 768-6105

(818) 344-1193 FAX

Provides one-to-one friendship between fatherless boys (Little Brothers) and adult male volunteers (Big Brothers). Volunteer Big Brothers must provide a driver's license and proof of auto insurance, and must be over 18 years of age. Boys must be 6 to 12 years of age to participate in the program. Serves San Fernando Valley, Santa Clarita Valley and Antelope Valley.

**BIG SISTERS OF LOS ANGELES**

13130 Burbank Blvd., Room L-21  
Sherman Oaks, CA 91401  
(818)780-9785

Serves girls at risk or in need, ages 6-18 (up to age 21 if pregnant or parenting), are matched to volunteer Big Sisters. Volunteer Big Sisters act as positive role models and provide friendship, companionship and guidance on a one to one basis. This mentoring relationship exposes girls to new experiences and alternatives, assisting them to become responsible, self-sufficient and independent young women. Professional staff screen and train Big Sisters and supervise matches. Serves San Fernando Valley.

**BRIDGE FOCUS**

Single Parent Connection/Costars Program  
16360 Roscoe Blvd., Suite 120  
Van Nuys, CA 91406  
(818) 895-5132 (Ext 30)  
(818) 846-3148 FAX

The Parent Connection and Costars strengthen the family bond and foster a sense of pride in both parents and children. Single parents, couples and Spanish speaking parents are linked through education, support groups, self-esteem building and social opportunities for themselves and their children. Groups ongoing. Serves San Fernando Valley, Santa Clarita Valley, Glendale and Burbank. **OFFICE HOURS:** Monday thru Wednesday, 8:30 a.m. to 8:00 p.m., Thursday and Friday, 8:30 a.m. to 5:30 p.m. Staff speak Spanish.

**CATHOLIC BIG BROTHERS, INC**

Region I/Van Nuys  
8134 Van Nuys Blvd., Suite 304  
Panorama City, CA 91405  
(818) 908-5041  
(213) 251-9855 FAX

Volunteers are matched to single parent youth ages 6-14 throughout Los Angeles County. Programs are available for the hearing impaired. Call for details. Staff speaks Spanish. Services are free.

**COMMUNITY GUIDANCE/CRISIS CENTER**

Temple Beth Hillel  
12326 Riverside Drive  
North Hollywood, CA 91607  
(818) 762-4817

The Center is a nonprofit mental health service offering individual counseling and support groups. Assist with solving problems raising children, teens having problems coping with life. Counseling Center is located at Temple Beth Hillel. Services open to all community members regardless of race or religion. Sliding fee scale based on ability to pay.

### **FAMILY FOCUS RESOURCE CENTER**

Calif State Univ-Northridge  
18111 Nordhoff Street  
Northridge, CA 91330-8265  
(818) 677-5575

(818) 677-5574 FAX

email family.focus@csun.edu

The Family Resource Center provides services for families with special needs. Offers resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Serves San Fernando, Santa Clarita Valley. Call for information. **OFFICE HOURS:** by appointment only 8:00 a.m. to 4:00 p.m. Monday thru Friday Full time spanish speaking staff. Services are free.

### **FAMILY SERVICES OF GLENDALE**

Therapy & Support Groups

3436 N. Verdugo Road

Glendale, CA 91208

(818) 248-2286 24 Hour Line

(818) 248-0087 FAX

Provides therapy and support groups which include: individual and group counseling for children, family, batterer's groups (court ordered and voluntary in both English and Armenian), domestic abuse support group, Parenting of Preadolescents, Parenting of Adolescents. Call for complete list of groups and meeting times. Serves Glendale, Montrose, La Crescenta, La Canada, and nearby areas. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 10:00 p.m. Friday 9:00 a.m. to 8:00 p.m. Saturday 9:00 a.m. to 5:00 p.m. Staff speak Spanish and Armenian. Parenting group \$10 per parent per session. Domestic Violence/Batterer's Groups sliding fee scale. Sliding/fee scale for most groups. Medicare and insurance accepted. Does not accept Medi-Cal.

### **FAMILY SERVICE OF BURBANK**

2013 W. Magnolia Blvd.

Burbank, CA 91506

(626) 845-7671

(800) 841-3261 FAX

Professional counseling for families, children, teens, single adults and couples. Court approved parenting classes in English and Spanish. Support groups for children and parents. Group for adults: women, men, counseling, for Tourette Syndrome. Serves the Burbank area. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m. Saturday 9:00 a.m. to 4:00 p.m. Sliding fee scale \$20 and up.

### **FIVE STAR COUNSELING AND EDUCATION**

12444 Victory Blvd., #100

North Hollywood, CA 91606

(818) 763-6615

Provides comprehensive services to parents of children from birth to seven years. The program addresses issues relative to child abuse and neglect referrals from Department of Children Services. English speaking classes are held from 7:00 p.m. to 8:00 p.m. for a fee of \$20.00.

**FRIENDS OF THE FAMILY/YOUNG MOMS**

Young Moms Program  
14522 Kittridge Ave.  
Van Nuys, CA 91342  
(818) 988-4430 (24 hrs)  
(818) 988-4633 FAX

Information and support program for young mothers between the ages of 15-25 yrs. Moms meet once a week to share experiences and enhance parenting abilities. Group meetings are facilitated by trained volunteers, women who were once teen mothers themselves. Transportation, meals, and child care are provided for eligible participants. Serves San Fernando Valley. **OFFICE HOURS:** Monday thru Thursday 9:00 p.m, Tuesday and Wednesday 9:00 a.m. to 10:00 p.m., Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 3:00 p.m. Sliding fee scale for counseling only. Some services are free.

**GLEN ROBERTS CHILD STUDY CENTER**

1530 E. Colorado Blvd.  
Glendale, CA 91205  
(818) 244-0222  
(818) 243-5413 FAX

Glen Roberts Child Study Center is a nonprofit center providing individual and group child therapy and parent education. Services are provided for children, adolescents and their families. Serves Glendale and surrounding area. **OFFICE HOURS:** Monday thru Friday 10:00 a.m. to 6:00 p.m., Saturday 10:00 a.m. to 1:00 p.m.

Accepts Medi-Cal. Sliding fee scale based on income.

**INSTITUTE/PROFESSIONAL PARENTING**

15335 Morrison St., Suite 100-C  
Sherman Oaks, CA 91403  
(805)294-8477

Non-profit agency providing counseling, parenting and self parenting classes dealing with the origins of behavior. Licensed psychotherapists and supervised peer counselor educators knowledgeable in family systems and the long range probable effects of all types of parenting, relationship skills and domestic violence classes available. Private and group in-office; private in-home available. Work with people ordered by the court system to take counseling and/or parenting classes because of abuse, divorce, separation and parents who are self motivated seeking guidance. Classes offered at 3 locations: Brentwood, Sherman Oaks and Santa Clarita. **OFFICE HOURS:** Monday thru Friday 12:00 p.m. to 7:00 p.m.. Sliding scale \$10 and up.

**JEWISH BIG BROTHERS ASSN**

Bernard Milken Jewish Comm Campus  
22622 Vanowen Street, 2nd Floor  
West Hills, CA 91307  
(818) 464-3260  
(818) 464-3364 FAX

Provides parent-child counseling, Big Brother matches, Camp Max Straus. Counseling and Big Brother matches are sectarian, camp is nonsectarian. Call for details. Sliding fee scale.

**LA LECHE LEAGUE/S.F. VALLEY**

(818) 377-4474



**MAUD BOOTH FAMILY CENTER**

Volunteers of America  
11243 Kittridge Street  
North Hollywood, CA 91606  
(818) 980-2287  
(818) 980-7639 FAX

Provides comprehensive services for families with children 0-11 years which include: health, mental health, nutrition, parent involvement, social services and advocacy. Child care is available Monday thru Friday 6:30 a.m. to 5:30 p.m. Hot breakfast and lunch are served. Information and referral for support services, parenting classes, and activities. Call for details. Sponsors Head Start Programs in North Hollywood, Tujunga, Sun Valley and Sunland. Serves North Hollywood. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:30 p.m. Staff speak Spanish.

**MISSION CITY COMMUNITY NETWORK**

15206 Parthenia St.  
North Hills, CA 91343  
(818) 895-3100 or (818) 893-9464

Provides parenting classes and other services. For information contact Juanita Arvizu, Program Manager.

**NEW HORIZONS**

714 S. Glendale Ave.  
Glendale, CA 91205  
(818) 545-9848

New Horizons is a nonprofit group providing family, individual, couples and child counseling. Offers domestic violence classes, a gang prevention program, juvenile diversion counseling, and parent education classes. Psychological evaluation and testing on premises. Serves La Canada, Glendale, Pasadena, Sierra Madre, So Pasadena, Atwater, Glassell Park, Highland and Silver Lake. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 9:00 p.m. Friday and Saturday 9:00 a.m. to 5:00 p.m. Sliding fee scale starting at \$25.00 and up.

**NEW DIRECTIONS FOR YOUTH**

7400 Van Nuys Blvd., Suite 203  
Van Nuys, CA 91405  
(818) 375-1000  
(818) 787-4389 FAX

New Directions offers counseling, parenting classes, assessment and referral, outreach in schools. Serves San Fernando Valley. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Staff speak Spanish. Services are free.

**PEDIATRIC PROJECTS, INC.**

P.O.Box 571555  
Tarzana, CA 91357  
(800)947-0947  
(818)705-3660 FAX

Distributes specialized medical toys, books that help children and families understand health care. Sample copy of "Pediatric Mental Health" is sent. Serves: U.S.A. Free home consultation on selecting items for children, parents, staff.

**SAN FERNANDO VALLEY COUNSELING CENTER**

8350 Reseda Blvd.  
Northridge, CA 91324  
(818) 341-1111

Non-profit agency providing low fee psychological counseling for low income population by para-professionals; interns and trainees (students). Provides psychological counseling for individual, family, conjoint and groups, with a focus on common problems of living and relating, specific crisis, or on personal dev and enrichment. (May include: issues like family communication, step-parent problems, parent-child conflict, problems related to adolescents.) Does not accept court ordered cases. Serves families with an income below \$42,000 annually. Serves: San Fernando Valley, Santa Clarita Valley, L.A. and Ventura Counties. **OFFICE HOURS;** Monday thru Friday 8:00 a.m. to 9:00 p.m., Saturday 8:00 a.m. to 3:00 p.m. Staff speak Hebrew, Spanis, Turkish and Farsi. Fees are \$10-40 per visit. No insurance billing. Intake fee \$10.

**SAN FERNANDO VALLEY CHILD GUIDANCE**

Family Stress Center  
15157 Roscoe Blvd.  
Panorama City, CA 91402  
(818) 993-9311

Provides extensive psychotherapeutic services to families with children where child abuse or sexual abuse has occurred or where there is a risk of abuse or neglect. Includes individual and family counseling, therapeutic play groups for physically and sexually abused children and their families, parent education, child abuse prevention workshops plus assistance to families with young children undergoing life changes or crisis. Serves San Fernando Valley, North L.A. County. **OFFICE HOURS:** Monday thru Thursday 7:00 a.m. to 8:00 p.m., Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish, information in Spanish is available by calling (818) 830-0200.

**SANTA CLARITA CHILD/FAMILY DEVELOPMENT CENTER**

Mental Health Clinic  
21704 Golden Triangle Rd, Suite 120  
Saugus, CA 91350  
(805) 259-9439  
(805) 255-6853 FAX

Provides individual, and family group counseling for children. Parenting classes offered on a 10-12 week cycles. Groups for children. Some social skills groups for children. Some single parent and youth counseling may be free if eligible. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 8:00 p.m., by appointment.

**TARZANA TREATMENT CENTER**

18646 Oxnard St.  
Tarzana, CA 91356  
(818) 996-1051 or (818) 345-3779

Provides parenting classes and other services. For information contact Alicia Van Ooyen, Program Manager.

**VALLEY COUNSELING**

17547 Ventura Blvd, Suite 310

Encino, CA 91316

(818) 995-0368

(818) 955-4044 FAX

Provides psychotherapy and counseling for individuals, couples, families, children and adolescents. Specialities include: depression disorders, childhood disorders, anxiety, phobia & panic disorders, psychological, education and attention testing, substance abuse, incest or molestation, bereavement counseling. Therapy groups and workshops, support groups, referrals to appropriate resources when additional help is needed. Fees are based on a sliding fee scale determined by income and ability to pay. Call for details. Most health insurance is accepted.

**VICTORY FOUNDATION, INC**

134 S. San Fernando Blvd.

Burbank, CA 91502

(626) 842-9446

Victory Foundation is a non-profit agency providing individual group counseling, parenting classes, specialized women services, and sober living for men. Serves San Fernando Valley, Pasadena, Glendale, and Burbank. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 6:00 p.m., Saturday 8:00 a.m. to 12:00 p.m. Sliding fee scale from \$25 per week.

**SPA 3**

**SAN GABRIEL VALLEY**

## **SPA 3: SAN GABRIEL VALLEY**

### **ASIAN DRUG CENTER**

33850 King Blvd.  
Los Angeles, CA 90008  
(213) 295-0262

Provides comprehensive alcohol and drug services for pregnant and parenting women including parenting women including parenting classes, health classes, child care, transportation and substance abuse treatment. **OFFICE HOURS:** 8:30 a.m. to 5:30 p.m.

### **ASIAN YOUTH CENTER**

100 West Clary Ave.  
San Gabriel, CA 91776  
(626) 309-0622  
(626) 309-0717 FAX

Parenting classes and services available, contact Phina Li, Program Director.

### **BACK IN CONTROL/SAN GABRIEL VALLEY**

66 Hurlbut Street  
Pasadena, CA 91105  
(626) 441-1500

Provides parent training classes for parents of children and adolescents who are having behavior problems. Serves Pasadena, San Gabriel Valley. Classes are in the evening. Free classes to families referred by Los Angeles County Department of Children and Family Services. Spanish classes available. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 5:00 p.m., Friday 8:00 a.m. to 3:00 p.m.

### **ADULT AND CAREER EDUCATION**

Pomona Unified School District  
1515 W. Mission Ave.  
Pomona, CA 91766  
(909) 469-2333  
(909) 623-3841 FAX

Provides free parenting classes, vocational, RAP, community service classes, academic and career assessment, GED, ABE, HSD, free ESL classes. SERVES: Pomona & nearby areas. **OFFICE HOURS:** Tuesday thru Thursday 9:00 a.m. to 5:30 p.m., evening hours available. Services are free.

### **BIG BROTHERS/GREATER LOS ANGELES**

Eagle Rock Service Center  
1486 Colorado Blvd.  
Los Angeles, CA 90041  
(323) 258-3333

Provide one-to-one friendship between fatherless boys (Little Brothers) and adult male volunteers (Big Brothers). Volunteer Big Brothers must provide a driver's license, proof of auto insurance and must be over 18 years of age and undergo screening. Boys from 6-12 years of age are eligible to receive a Big Brother. **OFFICE HOURS:** Monday thru Friday 8:45 a.m. to 5:30 p.m. Staff speak Spanish. Services are free.

**BIG SISTERS OF LOS ANGELES**

9241 Valley Blvd.  
Rosemead, CA 91770  
(626) 292-1205

Girls at risk or in need, from ages 6-18 yrs (up to age 20 if pregnant or parenting) are matched to volunteer Big Sisters who act as role models and provide friendship, companionship and guidance on a one to one basis. Professional staff screen and train Big Sisters and supervise matches. Serves: San Gabriel Valley.

**OFFICE HOURS:** Tuesday thru Thursday 9:00 a.m. to 5:30 p.m., evening hours available. Services are free.

**CATHOLIC BIG BROTHERS, INC**

Region II/Pasadena  
1000 E. Walnut Street, Suite 239  
Pasadena, CA 91106  
(626) 792-5678

Volunteer men are matched to single parent boys 7-14 and to fatherless girls ages 6-10. Programs are available for the hearing impaired. Serve Pasadena, West Covina, and Whittier.

**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**CHILDREN'S BUREAU OF SO CALIF**

El Monte Office  
3030 Tyler Ave.  
El Monte, CA 91731  
(626) 575-5897  
(626) 575-7435 FAX

The Children's Bureau is a nonprofit multi-service child welfare agency providing the following services: child abuse crisis intervention, in-home and office based counseling, child respite care. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish

**CHOICES**

Urban Revitalization Dev Crop  
1460 N. Lake Ave., Suite 107  
Pasadena, CA 91104  
(626) 398-3796  
(626) 398-3895 FAX

Perinatal substance abuse treatment program, provides day treatment and outpatient services to pregnant and parenting women with a history of substance abuse and their children. Services include individual and group counseling, an array of group services, early intervention and child care on site for children, random drug testing, transportation, etc. Serves San Gabriel Valley, Highland Park, El Sereno, and Glendale.

**CLAREMONT ADULT SCHOOL**

2475 N. Forbes Avenue  
Claremont, CA 91711  
(909) 624-6402  
(909) 625-5109 FAX

Offers parent education. Located near bus route. Must be 18 years of age to participate. Serves: Claremont, Pomona, Montclair, San Dimas, La Verne and Upland. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 5:00 p.m., Friday 8:00 a.m. to 12:30 p.m., and 1:30 p.m. to 4:00 p.m.

**ELIZABETH HOUSE**

A Crisis Pregnancy Home  
P.O. Box 94077  
Pasadena, CA 91109-4077  
(626)577-4434  
(626)792-2790 FAX

Provides shelter, caring support and Christ centered encouragement for women ages 18 and older in crisis pregnancy and their children. Offers women assistance with food, shelter and clothing, comprehensive programs to help them regain stability, independence and a holistic program.. Serves: Southern California. 24 hr service. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**FAMILY COUNSELING SERVICE**

West San Gabriel Valley  
314 E. Mission Drive  
San Gabriel, CA 91776  
(626) 285-2139

Providing family, individual, group, child, adolescent counseling, child abuse treatment, substance abuse prevention, Asian Outreach, parent training, and pregnant teens, teen moms. All services provided are multi-cultural and multi-lingual. There may be a 2 week waiting period depending on services requested.

**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m. and Saturday 9:00 a.m. to 2:00 p.m. Staff speak Spanish, Chinese. Sliding fee scale \$10-95 based on income and family size.

**FOOTHILL FAMILY SERVICE**

Teen Family & Clinical Services  
1720 W. Carson Ave., Suite 100  
West Covina, CA 91791  
(626) 338-9200  
(626) 856-1560 FAX

Pregnant and parenting teen services, child abuse treatment, individual and family counseling. At risk youth counseling. Serves San Gabriel Valley. **OFFICE HOURS:** Monday thru Wednesday 8:30 a.m. to 6:00 p.m., Tuesday and Thursday 8:30 a.m. to 9:00 p.m., Friday 8:30 a.m. to 5:00 p.m.

**FOOTHILL FAMILY SERVICE**

118 S. Oak Knoll Ave.  
Pasadena, CA 91101  
(626) 795-6907

Provides parenting classes using the STEP Model, for parents and others who want a better communications with children. Classess are conducted in Pasadena and West Covina in English and Spanish, and may are available in Armenian, Korean, Cantonese and Mandarin. There is a \$5.00 fee for each session.

**HIGH RISK INFANT CHILD/FAMILY**

Calif State Univ L.A.  
5151 State University Drive  
Los Angeles, CA 90032-8960  
(323) 343-4412

Provides in-home support, education, nutritional and developmental evaluation and health assessment of high risk infants and parents. Newsletter, educational materials geared to wide range of reading abilities. These services are provided for high risk infants referred by hospitals, social workers, nurses, parents, and other professionals. Serves San Gabriel, Pomona Valleys. Call for details and appointment. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish, Chinese, services in sign language also available. Services are free

**L.A. CO. CHILDREN & FAMILY SRVS**

Latino Family Preservation Project  
2501 Davidson Drive  
Monterey Park, CA 91754  
(800)540-4000 (Hotline)  
(323)260-3120 FAX

Program objective is to protect children, prevent placement out of the home and strengthen the families. A comprehensive community based approach to empower families by providing essential support and services. The East L.A. area was selected due to its high concentration of Latino Families involved in the dependency court system. Services offered include: counseling, parent training, crisis intervention, in-home supportive services and advocacy, as well as, coordination of community resources.. Must be referred by L.A. County Department of Children & Family Services Hotline. Serves: East L.A., Boyle Heights. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 6:00 p.m., flexible, based on needs of the family. Full time staff speak Spanish.

**LA CASA COMMUNITY CENTER**

203 E. Mission Drive  
San Gabriel, CA 91776  
(626) 286-2144  
(626) 286-4307 FAX

Bilingual preschool, parenting classes and informal counseling. Services for Hispanic, Native Americans and other low income, immigrant and underemployed groups. Serves: West San Gabriel Valley. Tribal headquarters for Gabrielino and Tongva Indians. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 8:00 p.m. Services free, except preschool.

**MONROVIA UNIFIED SCHOOL DISTRICT**

Monrovia Adult School  
845 W. Colorado Blvd.  
Monrovia, CA 91016  
(626) 359-2507  
(626) 358-3715 FAX

Provides parenting education. Serves: San Gabriel Valley area. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 3:00 p.m., Monday thru Thursday 6:00 p.m. to 10:00 p.m. Staff speak Spanish.



**OPTIONS/THE FAMILY CENTER**

1046 S. San Gabriel Blvd.  
San Gabriel, CA 91776  
(626) 967-5103  
(626) 331-1177 FAX

Provides individual and family counseling, support groups for non offending parents whose children are victims of sexual abuse , a support group for adolescent girls who have been sexually abused and anger management groups. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 6:00 p.m.

**OPTIONS/THE FAMILY CENTER**

Main Office  
560 S. San Jose Ave.  
Covina, CA 91723  
(626) 967-5103 24 Hour Line

Provides comprehensive child abuse treatment and prevention services. Offers counseling, individual, family and child therapy and parenting groups. Adolescent girls therapy group (ages 13-15 yrs) and parent education. The outpatient 24-week group meets twice weekly, the fee is \$25 and up on a sliding scale. Serves: East Los Angeles, San Gabriel Valley, Pomona Valley, Whittier and nearby communities. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 3:00 p.m., Monday thru Thursday 6:00 p.m. to 10:00 p.m. Staff speak Spanish, Mandarin, Japanese. Sliding fee scale \$5-\$90 depending on program, will accept insurance and will assist qualified victims of crime apply to State's program for compensation. Medi-Cal accepted for drug abuse

**OUR SAVIOR CENTER**

4368 Santa Anita Ave.  
El Monte, CA 91731  
(626) 579-2190 FAX/Phone

Educational Services: KIDSTIME for children ages 3.5-5 yrs and a parent; CHAP & RAP an after school program for kids ages 7-17 yrs;; and Parenting Classes for parents who need assistance in raising children who are "at risk" or "in crisis" (court referrals accepted). search parenting, call (626) 579-2190 after hours.

**PARENTS ANONYMOUS, INC.**

National & California Office  
675 W. Foothill Blvd, Suite 220  
Claremont, CA 91711  
(909)621-6184  
(909)625-6304 FAX

Offers support groups for parents concerned about the stress of parenting, anger and child abuse issues. All groups are professionally facilitated, free and confidential **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m.. Spanish available upon request. Services are free.

**PARTNERSHIP IN EARLY INTERVENTION**

Family Resource Centers  
1000 Fremont Ave., Suite 2017  
Alhambra, CA 91803  
(626)300-9171  
(626)300-9164 FAX

**PASADENA MENTAL HEALTH CENTER**

1495 N. Lake Ave.  
Pasadena, CA 91104  
(626) 798-0907  
(626) 798-9043 FAX

Offers parent education classes in English and Spanish. Classes are offered 4-6 times a year. Court approved parenting classes offered in Spanish. Serves San Gabriel Valley area. Call for information.

**OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 9:00 p.m., Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 1:00 p.m. Staff speak Spanish.

**POMONA VALLEY HOSPITAL MEDICAL CENTER**

Family Birth Services  
1798 N. Garey Avenue  
Pomona, CA 91767  
(909) 620-6663

Program offered include: infant & child CPR, working women's breast feeding, Mommy & Me. Call to register or obtain information.

**POMONA UNIFIED SCHOOL DISTRICT**

Adults & Career Education  
1515 W. Mission Blvd.  
Pomona, CA 91766  
(909) 469-2333  
(909) 632-3841 FAX

Offers Parent Education classes. Serves: Pomona, La Verne, San Dimas, Diamond Bar.

counseling. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 8:00 p.m., Friday 8:00 a.m. to 4:30 p.m.

**PROJECT INFO COMMUNITY SERVICES**

Communication Skills/Parenting  
1505 S. Sunflower Ave.  
Glendora, CA 91740  
(626) 335-8153 24 Hour Line

Teaches communication skills and parenting to families with children ages 10 and above as an alternative to using drugs and alcohol, anger, withdrawal or other evasive behavior when problems in relationships occur. Classes are held in Glendora one night a week for seven weeks. Agency works closely with schools and agencies teaching classes and workshops. Serves: East San Gabriel Valley **OFFICE HOURS:** Monday thru Friday 8:30 a.m to 4:30 p.m. . No one is turned away because of inability to pay.

**PROJECT INFO COMMUNITY SERVICES, INC.**

CPRP Services

656 N. Glendora Ave., Unit C & D

LA Puente, CA 91744

(626) 968-8016

(626) 968-2046 FAX

Family recovery agency. Alcohol counseling for the family. Self-help group: AA, Alanon; women's support group, self-help classes; communications skills classes. Special youth services including Youth at Risk, Community Outreach and Teen Talk program. Serves: San Gabriel Valley. Walk-in or call. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 4:30 p.m. Staff speak Spanish. Sliding fee scale, no one is turned away due to inability to pay.

**PROJECT INFO COMMUNITY SERVICES**

11046 Valley Mall Road

El Monte, CA 91731

(626) 442-4788

(626) 448-3425 FAX

Provides parenting classes in Spanish and English, certified domestic violence program for male and females, support groups, Teen group. Serves: San Gabriel Valley. **OFFICE HOURS:** Tuesday thru Friday 8:30 a.m. to 4:30 p.m. Staff speak Spanish. Sliding fee scale, no one turned away due to inability to pay.

**PROJECT D.A.Y.**

Diversion Alternatives for Youth

1020 N. Fair Oak Ave., Suite 308

Pasadena, CA 91103

(626) 798- 6749

Provides youth diversion in the form of positive parenting, tutoring (including art instruction and drama) vocational training, and individual therapy. Parent education, family life education, multi family therapy; (Spanish and English classes). Free tutoring, vocational training. Serves Pasadena, South Pasadena, Sierra Madre, and Altadena. Call for details. There is a 1 week wait for services. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Staff Speak Spanish..

**ROWLAND ADULT SCHOOL**

Rowland Unified School District

19100 E. Killian

Rowland Heights, CA 91748

(626) 965-5975

(626) 854-1191 FAX

Provides Parent Education classes. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:00 p.m.

**SANTA ANITA FAMILY SERVICE**

716 N. Citrus Ave.

Covina, CA 91723

(626) 966-1755

(626) 859-0999 FAX

Provides counseling programs serving children, teens, and families, issues addressed are school adjustment, chemical abuse problems, teen depression, and parent education. Serves: San Gabriel Valley. Call for appointment. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Med-Cal not accepted, sliding fee scale \$20 and up

**TEEN PARENT PROGRAM/YMCA-WEST END**

600 n. Park Ave.

Pomona, CA 91768

(909) 622-4432

(909) 622-3524 FAX

Offers parenting classes for parents of teen parents. Teen mentoring program. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**THE PARENTS PLACE**

Family Resource Center

1502 West Covina Parkway, Ste. 101

West Covina, CA 91790

(626) 856-8861

(626) 337-2736 FAX

The Family Resource Center provides services for families with special needs. Offers resource information and referral, advocacy, training, parent support groups, social opportunities for family, sibling support groups, parent to parent support group and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves San Gabriel, Pomona Valley. Call for information. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 p.m. Services are free.

**WEST SAN GABRIEL VALLEY JUVENILE DIVISION**

9631 E. Las Tunas Dr., Suite A

Temple City, CA 91780

(626) 285-9777

(626) 285-2373 FAX

Delinquency prevention and treatment services. Counseling for suicide or high risk children ages 4-18 yrs. Psychological counseling, JTPA summer youth employment (ages 14-21 yrs), education programs, parenting classes, one-to-one remedial reading program for students one yr. Or more below grade level, summer camperships, info & referral. There is a 1 week wait for services. Serves: Arcadia, Alhambra, Rosemead, San Gabriel, Monterey Park. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., evenings and Saturdays by appointment. Sliding fee scale from \$5-\$45.

**WESTMINSTER CENTER**

867 E. Atchison Street

Pasadena, CA 91104

(626) 798-0915

(626) 798-1850 FAX

Provides counseling by licensed therapists, for parenting, depression, work problems, grief, relationships, domestic violence, school problems, sexual abuse, anxiety, etc. Services for individuals, families, and groups in a neighborhood setting. Speakers Bureau for schools, churches, and group meetings is available. Serves Pasadena, and San Gabriel Valley. **OFFICE HOURS:** Monday thru Saturday 9:00 a.m. to 9:00 p.m., by appointment. Sliding fee scale.

**SPA 4**

**METRO**

## **SPA 4: METRO**

### **ASSISTANCE LEAGUE OF SOUTHERN CALIFORNIA**

Family Service Agency  
1360 N. St. Andrews Pl, 2nd Floor  
Los Angeles, CA 90028  
(323) 469-5893  
(323) 469-5896 FAX

Provides parent education classes, domestic violence counseling for children and adults.. Individual, family and group counseling, trauma counseling, help with single parent issues. Serves: Hollywood, Los Angeles.

**OFFICE HOURS:** Monday thru Thursday 8:30 a.m to 8:00 p.m., Friday 9:00 a.m. to 4:30 p.m., Saturday 9:00 a.m. to 3:00 p.m.. Staff speak Spanish, Armenian and Russian.

### **ASSISTANCE LEAGUE OF SOUTHERN CALIFORNIA/CHILDREN**

Children's Club  
5620 DeLongpre Ave.  
Los Angeles, CA 90028  
(323)464-4063  
(323)464-0238 FAX

Offers counseling, advocacy, parent education classes, referrals service. Bus transportation from area school. Child care Monday thru Friday, 7:00 a.m. to 6:00 p.m. Staff speak Spanish, Tagalog, Armenian. Sliding fee scale.

### **ASTHMA & ALLERGY FOUNDATION OF AMERICAN LOS ANGELES CHAPTER**

5900 Wilshire Blvd., Suite 2330  
Los Angeles, CA 90036  
(213) 937-7859  
(800) 624-0044  
(213) 937-7815 FAX

The Asthma & Allergy Foundation of America is a voluntary non-profit organization that provides a variety of free services for people who have asthma and allergies. Our agency sponsors the "Breathmobile", a mobile asthma clinic that provides diagnosis, treatment and education to high risk inner city children at their school site. We have a summer camping program for children with asthma, ages 8 to 14. We provide referrals to support groups for parents of asthmatic children and referrals to asthma physicals specialist- board certified allergist. We provide the only certified Pollen Count in Southern California area. We offer free community and public education programs and free educational brochures on a variety asthma/allergy topics.

**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**BARRIO ACTION GROUP, INC**

4927 Huntington Drive North  
Los Angeles, CA 90032  
(323)221-0779  
(323)223-841 FAX

Non-profit group offering a variety of programs and services. Counseling for family, individuals, and youth with severe behavioral problems, such as a low or zero school attendance record, gang related activities and drug problems. Parent educ., self-esteem programs, career dev, after school activities, tutoring and alternative educ.. Serves youth at risk ages 5-18. Accept referrals from LAPD and schools but also accept walk-ins with prior appt for evaluation.. **SERVES:** East, Northeast L.A. within a 10 mile radius of the location. **OFFICE HOURS:** Monday thru Thursday 7:30 a.m. to 5:00 p.m., Friday 7:30 a.m. to 3:00 p.m. Services are free.

**BEHAVIORAL HEALTH SERVICES**

Hollywood Family Recovery Center  
6838 Sunset Blvd.  
Hollywood, CA 90028  
(323) 461-3161  
(323) 461-5683 FAX

Provides individual, group and family therapy. Anger management groups, parenting classes, self help meeting offered. Serves the Hollywood and Los Angeles areas. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m. No waiting for services. Staff speaks Spanish. Will accept insurance or Medi-Cal, no one is turned away.

**BIG SISTERS OF LOS ANGELES**

Administrative Office  
6022 Wilshire Blvd, Suite 202  
Los Angeles CA 90036  
(213)933-5749

Girls, at risk or in need, ages 6-18, (up to age 21 if pregnant or parenting ), are matched to volunteer Big Sister. Volunteer Big Sister act as positive role models and provide friendship, companionship and guidance on a one to one basis.. Professional staff screen and train Big Sisters and supervise matches. Must be over 21, provide driving record, car insurance & references. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m., evening hours available. Staff speaks Spanish. Services are free.

**BIG BROTHERS/GREATER LOS ANGELES**

Eagle Rock Service Center  
1486 Colorado Blvd.  
Los Angeles, CA 90041  
(323)258-3333

Provide one-to-one friendship between fatherless boys (Little Brothers) and adult male volunteers (Big Brothers). To participate as a Big Brother must have a driver's license, proof of auto insurance; be over 18 years of age, and undergo screening . Boys ages 6-12 years may receive a Big Brother. **OFFICE HOURS::** Monday thru Thursday 8:00 a.m. to 5:00 p.m., Friday 8:00 a.m. to 3:00 p.m.



**CATHOLIC BIG BROTHERS, INC**

Central Office  
3300 W. Temple Street  
Los Angeles, CA 90026  
(213)251-9800  
(800)251-9855 FAX

Volunteers are matched to single parent youth ages 6-14 throughout L.A. County. Programs are available for the hearing impaired. Staff speak Spanish. Services are free.

**CATHOLIC BIG BROTHERS, INC**

Region IV/West Los Angeles  
5521 Grosvenor Blvd., Suite 22  
Los Angeles, CA 90065  
(310)305-1068

Volunteer men are matched to single parent boys ages 7-14 yrs and to fatherless girls ages 6-10 yrs. Programs are available for the hearing impaired throughout L.A. County. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. and by appointment. Staff speak Spanish. Services are free.

**CENTRO DE NINOS**

379 S. Loma Drive  
Los Angeles, CA 90017  
(213)484-1515  
(213)484-0880 FAX  
4850 Caesar Chavez Blvd.  
Los Angeles, CA 90022  
(323) 268-4600  
(323) 526-9068 FAX

Provides child care and development services for the working poor, child abuse prevention program, parent education. Angeles and the Pico Union area. **OFFICE HOURS:** Monday thru Friday 7:00 a.m. to 5:30 p.m. Serves East Los Angeles. Spanish spoken. Sliding fee scale.

**CHILD & FAMILY SERVICES**

Child Care Resource & Referral  
155 N. Occidental Blvd.  
Los Angeles, CA 90026  
(213) 427-2700

Offers child care resource and free referrals to all types of child care . Also offers child care food program for family child care providers. Subsidized child care information and assistance is available to parents with qualifying needs, such as low income, child abuse, and AFDC/TANF child care program. Referral line open Monday thru Thursday, 9:00 a.m. to 3:30 p.m. and Friday 9:00 a.m. to 1:00 p.m. Special needs, early intervention home visit program and a professional consultant network with L.A.U.S.D. Also manages a state, county and city funded preschool in West Hollywood. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish.

**CHILDREN'S BUREAU OF SO CALIF**

Corporate Office  
3910 Oakwood Ave.  
Los Angeles, CA 90004  
(323)953-7356  
(323)661-7306 FAX

Non-profit multi-service child welfare agency providing foster care, child abuse crisis intervention & treatment, in-home & office based counseling, parent education, foster parent certification.. Serves: Los Angeles. & Orange Counties. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

**CHINATOWN SERVICE CENTER**

Counseling Program  
600 N. Broadway, Suite A  
Los Angeles, CA 90012  
(213)253-0870  
(213)680-9427 FAX

Nonprofit individual, group, family, marital and intergenerational counseling to children, youth, adults and seniors. Services include child abuse and neglect, parenting education, batterers treatment, domestic violence for low income clients in L.A. area. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:30 p.m., Saturday 8:30 a.m. to 12:30 p.m., by appointment. Staff speak Cantonese, Mandarin. Most services are free.

**COMMUNITY HEALTH FOUNDATION OF EAST LOS ANGELES**

1904 Bailey Street  
Los Angeles, CA 90033  
(213) 480-6346

Provides parenting classes and other services available. For information please contact Evette Herrera, Program Manager.

**DIDI HIRSCH COMMUNITY MENTAL HEALTH**

Familias Unidas  
501 Shatto Place  
Los Angeles, CA 90005  
(213) 381-3626

Provides parenting education, and support groups. Serves L.os Angeles County. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 8:00 p.m, Saturday by appointment. Staff speak Spanish. Sliding fee scale starts at \$15

**EARLY CHILDHOOD CENTER (PIPS)**

Preschool & Infant Parenting Service  
8730 Alden Drive, Room E 103  
(310) 855-3500 (Warmline)  
(310) 967-0631 FAX

Refer parents to parenting groups which meet their special needs. Services are for infants, toddlers, children, age 0-6 years. Groups run for 12 months. Sponsored by Cedar Sinai Hospital Administrative Office (310) 855-3576. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**EL NIDO FAMILY CTRS/ADMIN OFFICE**

Administrative Office  
500 Shatto Place, Suite 425  
Los Angeles, CA 90020  
(213)384-1600  
(213)384-2757 FAX

No direct services provided at this location Family focuses child abuse prevention and treatment, parenting education, delinquency and drop out prevention, services for pregnant and parenting adolescents and their babies. Serves Pacoima, Mission Hills, Antelope Valley, South Central L.A., Compton, Carson. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Sliding fee scale \$1 and up.

**HATHAWAY CHILDREN FAMILIES SERVICES**

Family Resource Center  
840 N. Ave 66  
Los Angeles, CA 90042  
(323)257-9600

Provides support services to families and children which includes family, individual and group counseling, parent & student support groups, parent education, after school activities and tutoring, family art and drama activities, food, clothing, toy banks, school based conflict resolution and self esteem groups, ESL classes, day care and health education. Services are preventive as well as treatment oriented and are targeted at families with young children. Programs are in English & Spanish.. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., occasional weekend programs. Services are free or accept Medi-Cal.

**HOME-SAFE CHILDCARE**

6720 Melrose Ave., 2nd Floor  
Los Angeles, CA 90038  
(323) 934-7979

Provides in-home counseling, parent education and child development activities for families with children 0-5 years. To participate in the program a child must be a child at risk of child abuse and neglect. Serves Part of Supervisorial Dist 11 & 111, North to Mulholland, West to 405, East to Alameda, South to Century, includes Civic Center. Call for details. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish. Services are free.

**INTERNATIONAL INSTITUTE OF L.A./ ALISO PICO**

Aliso Pico Multipurpose Center  
1505 E. 1st Street  
Los Angeles, CA 90033  
(323)268-3231  
(323)268-3234 FAX

Teen pregnancy prevention program for youth 10-18 yrs. Parenting classes in Spanish. Case management for "at risk youth" referred by L.A.P.D. Support group for parents, citizenship classes, guitar and art classes for youth 10-14 yrs. Distribution of bus tokens and Taxi vouchers. Nutrition program for seniors, small child tutorial program. Serves Los Angeles and nearby areas. **OFFICE HOURS:** Monday and Friday 8:30 a.m. to 5:00 p.m., Tuesday, Wednesday, Thursday 8:30 a.m. to 8:00 p.m. Staff speaks Spanish. No cost for services.

**JEWISH BIG BROTHERS ASSOCIATION**

Administrative Office  
5700 Wilshire Blvd., Suite 1215  
Los Angeles, CA 90036  
(323)761-8675  
(323)761-8695

Serves Jewish single parent children, 6-18 years, pairing them with adult male role models. Parent and child counseling also available. Serves Los Angeles., San Fernando Valley, San Gabriel, South Bay, West Los Angeles. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 5:00 p.m., some evening hours are available. Full time staff speak Russian. Sliding fee scale for counseling

**KOCH/YOUNG FAMILY RESOURCE CENTER**

Frank D. Lanterman Regional Center  
3440 Wilshire Blvd., Suite 400  
Los Angeles, CA 90010  
(800) 546-3676 Helpline  
(213) 427-2381 FAX

The Family Resource Center is for people with developmental disabilities. It offers resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, share programs are also available. Serves Burbank, Central Los Angeles, Eagle Rock, Glendale, Hollywood, Wilshire corridor, La Canada, La Crescenta, Los Feliz, Pasadena. Services are free.

**L.A. CO. PUBLIC SOCIAL SRVS/TOY LOAN**

Toy Loan Program  
2615 S. Grand Ave., 2nd Floor  
Los Angeles, CA 90031  
(323)226-6286  
(323)743-9998

The Toy Loan program is designed to build character, integrity and a sense of responsibility in children. Toys are loaned freely; nether and fines nor membership dues required. It provides the opportunity for work experience for many welfare recipients who repair toys for the Toy Loan Program. ADM REQ: parents must approve child's membership. **OFFICE HOURS:** Monday thru Friday 7:30 a.m. to 5:00 p.m.

**L.A. CO. CHILDHOOD LEAD POISONING**

Childhood Lead Poisoning Prevention Program  
510 S. Vermont Ave., Rm 201  
Los Angeles, CA 90020  
(800)524-5323  
(800)LA-4-Lead

County health education program with a goal of preventing childhood lead poisoning. Info and referral, info packets about lead poisoning. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Information available in Chinese, English, Korean, Spanish, Tagalog and Vietnamese.

**LATIN AMERICAN PROFESSIONAL WOMEN**

3514 N. Broadway  
Los Angeles, CA 90031  
(323)227-9060

Mutual support group for Latin women working to enrich themselves vocationally, educationally and culturally. Provide seminars and a Little Sister program of mentorships plus children at risk programs. Serves: L.A. County. **OFFICE HOURS:** T,Th 2:00 p.m. to 6:00 p.m., Sat 11:00 a.m.-3:00 p.m. Services are free.

**LOS ANGELES COUNTY+UNIVERSITY OF SOUTHERN CALIFORNIA MEDICAL CENTER**

1200 North State Street  
Los Angeles, CA 90033  
(213) 226-3802

Provides: general parenting classes, Violence Intervention Program classes, Parenting for Non-Offending Parents of Child Sexual Abuse Victims. Weekly classes, no waiting. All classes provided in English and Spanish. General Parenting classes for parents of current or past pediatric inpatients and for parents in whose families violence is an issue.

**MATERNAL AND CHILD HEALTH ACCESS**

1010 S. Flower Street, Suite 404  
Los Angeles, CA 90015  
(213) 749-4261 OR (213) 745-1040

Provides parenting classes and other services. For information call Lynn Kersey, Program Manager.

**SALVATION ARMY/RED SHIELD CENTER**

Red Shield Youth & Community Center  
1532 W. 11th Street  
Los Angeles, CA 90015  
(213) 381-3747  
(213) 381-6994 FAX

Many services offered including parent education classes. Walk-in clients accepted. Serves downtown Los Angeles, Pico Union area. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m., Saturday 10:00 a.m. to 2:00 p.m. Staff speak Spanish

**SOUTHERN CALIFORNIA INDIAN CENTER, INC**

Indian Child and Family Services  
3440 Wilshire Blvd., Suite 904  
Los Angeles, CA 90010  
(213)387-5772  
(213)387-1243 FAX

Monitoring and supervision of American Indian children in foster and pre-adoptive placements; counseling for abused or sexually molested children and their families; casework and court advocacy for Indian families involved in involuntary child custody proceedings, screening, referral and support services for children with Fetal and Alcohol Effect; family reunification efforts and parent education classes; training for county social workers about the Indian Child Welfare Act and cultural differences. ICFS is also a Foster Family Agency licensed to recruit, train and certify American Indian children needing a temporary home. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to-5:00 p.m.

#### **SUNRISE COMMUNITY COUNSELING CENTER**

537 S. Alvarado Street  
Los Angeles, CA 90057  
(213)207-2770  
(213)207-2773 FAX

Non-profit outpatient counseling, mental health and substance abuse, transition home for female and children and court approved Domestic Violence Barterer's Program. After jail or prison program. Parenting program. Serves Los Angeles County. Call for an appointment. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:00 p.m. . Full time staff speak Spanish, Tagalog, Portuguese. Sliding fee scale from \$0 up. Accepts Medi-Cal.

#### **URBAN MINISTRY OF L.A.**

First Unitarian Church  
2936 8th Street  
Los Angeles, CA 90005  
(213)389-1356

Nonprofit multipurpose social services agency providing off-track homework lab, tutoring and educational program for children grades 1-3. School Hours: Monday, Wednesday, Friday 9:00 a.m. to 12:00 p.m.. Serves Pico-Union. **OFFICE HOURS:** Monday, Wednesday 10:00 a.m. to 2:00 p.m. Contact: Jim Schmeltzer, Ext 10 Staff speak Spanish. No fee required..

#### **VOLUNTEERS OF AMERICA/LOS ANGELES**

Corporate Office  
3600 Wilshire Blvd, Suite 1500  
Los Angeles, CA 90010  
(213) 389-1500  
(213)385-7599 FAX

Provide family counseling, homeless shelter, parenting classes, child care, ex-offender residential programs, senior services, educational program including Head Start and Upward Bound, senior meals and substance abuse treatment. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m.

**SPA 5**

**WEST**

## **SPA 5: WEST**

### **BECAUSE I LOVE YOU**

Parent Support Group

P.O.Box 473

Santa Monica, Ca 90406-0473

(310) 659-5289

(323) 585-4762 FAX

Parent support group designed to help parents who have children (of all ages) with behavioral problems such as attitude, substance abuse, physical or verbal abuse, irregular school attendance, poor grades, runaway situations and other forms of defiance of authority. Referrals to resources.. Groups meet in the following cities: Burbank, Covina, Granada Hills, Santa Monica, Thousand Oaks, Torrance, West Hills. For S.F. Valley, call (818) 882-4881. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 4:00 p.m. No dues or fees.

### **AUTISM SOCIETY OF LOS ANGELES**

3975 Landmark Street

Culver City, CA 90232

(310)559-5664

(310)559-0507 FAX

Information and referral service. Offers monthly parent support groups, library, resource files, newsletter, quarterly meetings, speakers bureau. Serves L.A. County. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 2:00 p.m. Services are free.

### **BIG BROTHERS/ GREATER LOS ANGELES**

Culver City Social Serves Center

5601 W. Slauson Blvd., Suite 234

Culver City, CA 90230

(310)338-0055

(310)338-0380 FAX

Provide one-to-one friendship between fatherless boys and adults male volunteers. To volunteer as a Big Brother must be 18 years of age, submit to intensive screening, have a drivers license, proof of insurance. Boys must be 6-12 years of age to receive a Big Brother. Serves Metro L.A., Beach Cities. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 8:00 p.m., Friday 9:00 a.m. to 3:00 p.m.

### **DIDI HIRSCH COMMUNITY MENTAL HEALTH**

Mental Health/Counseling

4760 S. Sepulveda Blvd.

Culver City, CA 90230

(310)390-6612

(310)398-5690 FAX

Provides a full range of mental health programs including crisis intervention. Counseling for children, families and older adults, day treatment program for adults, parent educ. programs, treatment of victims of child abuse with group and individual counseling. . Serves Culver City, Venice, Marina Del Rey and Mar Vista. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m., evenings by appointment. Full time staff speak Spanish. Accepts Medi-Cal, private insurance. Sliding fee scale. No one turned away due to lack of funds



**ERAS CENTER**

Parenting Resources  
10101 W. Jefferson Blvd.  
Culver City, CA 90232  
(310)838-1200  
(310)838-1860 FAX

Nonprofit agency providing a variety of programs and services. Counseling for adults, children and families, parent education., social skills groups for children ages 5-18 yrs, educational and psychological assessments, educ. therapy, speech and language therapy, tutoring, enrichment therapies (art, music, dance and movement), in-home behavioral intervention, hot line for advocacy & referrals. **OFFICE HOURS:** Monday thru Friday 8:30 a.m to 5:30 p.m., evening and Saturday appointments available. Sliding fee scale.

**FAMILY SERVICE OF SANTA MONICA**

1533 Euclid Street  
Santa Monica, CA 90404  
(310)451-9747  
(310)451-6106 FAX

Long term, short term and cognitive treatment for children, adults, families and couples. Groups include overcoming shyness for adults and children, parenting groups. Outreach to local schools. Teen pregnancy program through schools. Serves West L.A., Santa Monica, Venice. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 9 p.m., Friday 8:30 a.m. to 2:00 p.m., Saturday 8:30 a.m. to 2:00 p.m. Full time staff speak Spanish. Sliding scale \$20 and up, intake \$30.

**JEWISH BIG BROTHERS ASSN**

11340 W. Olympic Blvd., Suite 330  
Los Angeles, CA 90064  
(323)761-8675

Parent-child counseling, Big Brother match, plus Camp Max Straus..Admission requirement for Big Brother Program must be a Jewish family, camp is nonsectarian. Call for details Sliding fee scale.

**LATINO RESOURCE ORGANIZATION**

610 California Ave.  
Venice, CA 90291  
(310)578-6069

Case management, resource, referral info, AIDS/HIV educ., senior services, immigration services, substance abuse teen theater, food distribution program. tutoring programs for youth, parent educ. classes, radio community education forums, a special cultural events throughout the year Serves low income minority populations in the Greater West LA. and Santa Monica. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Staff speak Spanish. Sliding fee scale.

**MAPLE COUNSELING CENTER**

9107 Wilshire Blvd., Lower Level  
Beverly Hills, CA 90210  
(310)271-9999 (24hrs)  
(310)247-4910 FAX

Provides individual, couple, family and group counseling for children over 5 yrs, adolescents, adults and seniors. Special programs include parenting classes, bereavement, HIV, women's sexual abuse and other support groups, multiple services to Beverly Hills schools, senior peer counseling. Serves L.A. Call for info. Sliding fee scale. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. 9:00 p.m., Friday 8:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 12:00 p.m..

**PROJECT HEAVY WEST**

Administration Office  
1600 Sawtelle Blvd., Suite 300  
Los Angeles, CA 90025  
(310)477-1293 (Office)  
(310)477-1373 FAX

Parent education, youth counseling, truancy reduction programs, family counseling, substance abuse prevention and treatment, graffiti removed, dispute mediation. Serves youth 9-19 yrs. Serves West L.A. Call for details. WAIT: 3 days. The Graffiti Removal number is (323)937-1675. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

**REISS-DAVIS CHILD STUDY CENTER**

3200 Motor Ave.  
Los Angeles, CA 90034  
(310)204-1666 (Ans Svs)  
(310)838-2791 FAX

Provides short and long term psychotherapy for children or adolescents, parent guidance, special programs for divorcing families, stepfamilies and for children with learning problems. Serves families with children ages 0-25 yrs. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Sliding fee scale.

**SOJOURN SERVICES**

P.O. BOX 7081  
Santa Monica, CA 90406-7081  
(310)264-6644 (24 hrs/Crisis)  
(310)264-6645 FAX

Services for battered women and their children. 24 hour hotline. 4-6 week crisis shelter, legal, info & referral, children's program (play and art therapy), non-violent parenting skills. Outreach program offers advocacy and support groups. Education program provides training and technical Serves L.A. County. Hotlines is TDD accessible. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.. Full time staff speak Spanish. Services are free.

**THE PARENT CONNECTION, INC**

12479 Walsh Ave.  
Los Angeles, CA 90066  
(310)823-7846 (24 hrs)  
(310)473-5807 FAX

Breakthrough Parenting classes 50 weeks a year for parents with everyday problems (open enrollment). Special class for parents with court requirements. Parents and custody, support for parents with custody disputes. Serves West L.A. Sliding fee scale.

**UCLA PARENT TRAINING PROGRAM**

300 UCLA Medical Plaza  
Los Angeles, CA 90024-6967  
(310) 825-0142

Teaches parents easy effective techniques to increase cooperation and reduce conflict in the home and at school. Problems are dealt with in small classes or individual sessions. Also offer 12 week social skills training for youth 7-12 yrs of age who have difficulty making and keeping friends. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m.

**WESTSIDE COASTAL FAMILY RESOURCE**

5901 Green Valley Circle, Suite 320  
Culver City, CA 90230-6938  
(310)258-4063  
(310)649-2033 FAX

Family Resource Center for families of children with special needs. Offer resource info & referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, a resource library & newsletter. Equipment, toys, share programs. Serves: Beverly Hills, Brentwood, Culver City, Inglewood, Lawndale, Malibu, Santa Monica, Venice, West Los Angeles, Westchester. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Services are free.

**WRAP AGENCY**

Formerly W. Reg Asian Pacific Agcy  
8616 La Tijera Blvd., Suite 200  
Los Angeles, CA 90045  
(310)337-1550

Providing counseling, case management, info & referral, outreach, community educ., advocacy, consultation, training to the under served Asian Pacific communities, parenting classes and delinquency prevention programs. Full time staff speak Vietnamese, Tongan, Fijian, Korean, Cambodian and Japanese. Sliding fee for scale for counseling.

**YWCA/SANTA MONICA**

2019 14th Street  
Santa Monica,CA 90405  
(310)452-3881  
(310)392-7588 FAX

Fitness classes, summer day camps for youth, after school child care M-F to 6pm. Also provide adult & youth classes, free exercise & support group for women with breast cancer, exercise for seniors, exercise for beginners, girls' basketball, parenting classes and support groups. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 8:00 p.m., Saturday 8:30am to 12:00 p.m.

**SPA 6**

**SOUTH**

## **SPA 6: SOUTH**

### **ALCOHOL AND DRUG COUNSELING OF GREATER LOS ANGELES**

Main Directions  
958 E. 108th Street  
Los Angeles, CA 90059  
(323) 357-7390  
(323) 357-7393 FAX

The Center offers an outpatient treatment program. Offers testing, assessment, referrals, outreach, community education, parenting classes and domestic violence classes. Serves Los Angeles County.  
**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 12:00 p.m.

### **ALL PEOPLE CHRISTIAN CENTER**

822 E. 20th Street  
Los Angeles, CA 90011  
(213) 747-6357  
(213) 747-0541 FAX

After school youth program for ages 6 to 18 years. Family social work services, counseling, crisis intervention and parenting classes held in Spanish and English.

### **CEDAR HOUSE**

4565 California  
Long Beach, CA 90813  
(562) 422-8472

Provides treatment and prevention of child abuse for primary age 12 and below, emergency transportation, food and clothing for program families. Classes are held Tuesdays, Noon to 1:30 p.m. and 6:30 p.m. to 8:00 p.m. in english and spanish, the fee is \$20.00.

### **COMMUNITY YOUTH SPORTS & ARTS**

4828 Crenshaw Blvd.  
Los Angeles, CA 90043  
(323) 294-0020 (24 hour line)  
(323) 294-7440 FAX

Offers a parenting course for adults, counseling referral and consultation. Admission requirements for some programs, a utility bill, income verification. Serves Crenshaw Corridor, South Central L.A. Call for details. Free continuation school, parenting class, group and individual counseling. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**DIDI HIRSCH COMMUNITY MENTAL HLTH**

Manchester Center  
1328 W. Manchester Ave.  
Los Angeles, CA 90044  
(323) 778-9593  
(323) 778-0028 FAX

Service sites provide comprehensive counseling services for individuals, couples and families. Parent & child communication, child abuse, teen parents, marital problems, single parenting, anxiety, stress, depression, support groups, parenting education, victim witness, domestic violence prevention. Serves South Central L.A.. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 8:00 p.m. Full time staff speak Spanish. Sliding fee scale starting at \$30

**DREW CHILD DEVELOPMENT CORP**

Child Abuse Program  
1770 E. 118th Street  
(323) 249-2963  
(323) 249-2970 FAX

Non-profit agency that provides intake, assessments, individual, family and group counseling (including play therapy and crisis intervention), parent education groups, in home counseling, respite care, home teaching and demonstration. Admission Requirements: Children and adolescents who have been abused or neglected or are at a high risk. Serves South Central L.A. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

**EL NIDO FAMILY CENTERS/COMPTON**

Family Presentation Parenting Classes  
3201 N. Alameda, Suite H  
Compton, CA 90222  
(310) 605-5175  
(310) 605-0266 FAX

**OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m.

**EQUIPOISE RESOURCE & REFERRAL**

216 E. Bennett  
P.O Box 5604  
Compton, CA 90224  
(310) 605-1777

Parenting classes in Spanish, Wednesday 10:00 a.m. to 12:00 p.m. in English, Monday 4:00 p.m. to 6:00 p.m. Serves Compton, Carson, Torrance, Paramount, South Gate, Lomita, Harbor City, and the Palos Verdes Peninsula.

**GREAT BEGINNINGS FOR BLACK BABIES**

3860 Crenshaw Blvd.

Los Angeles, CA 90008

(213) 295-9993 or (213) 295-0789

Provides parenting classes and other services. For information contact Evette Herrera, Program Manager.

**IMANUEL UNITED CHURCH OF CHRIST**

1785 E. 85th Street

Los Angeles, CA 90001

(323) 234-3633

The Church sponsors a youth group, open gym, homework help for school age children, youth basketball team, Head Start program, pastoral counseling. Also offered are parenting classes. Emergency food, clothing are available. Thrift shop on the premises, donations are welcome. Serves South Central and Southeast Los Angeles. **OFFICE HOURS:** Sunday thru Thursday 10:00 a.m. to 6:00 p.m. Staff speak Spanish and Samoan. Services are free, donations welcome.

**INGLEWOOD FAMILY CARE CENTER**

1757 W. Century Blvd., Ste. 500

3940 2nd Ave.

4828 Crenshaw Blvd.

822 E. 20th Street

Individual and group counseling. Psychological testing and psychiatric assessment. Child abuse prevention and treatment, children of all ages, parenting classes, drug abuse counseling, sexual abuse treatment and program for sex offenders. Free parenting classes. Medical and pregnancy counseling, nutrition for adolescents. Serves Los Angeles County. Mobile Unit make visits throughout Southern California. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., call for appointment, evening appointments available. Accepts Medi-Cal. Sliding fee scale.

**L.A. CO. OFFICE OF EDUCATION**

Head Start-Family Srv Component

6801 S. Western Ave.

(800) 823-1230

(213) 750-0705 FAX

Family service component uses a case management approach, in hope of enhancing the existing Head Start programs. The comprehensive services are designed to promote family literacy, family wellness and meaningful employment. Additional services include: Parenting skills support, clothing, Teacher's Assistant training and hospitality service. **OFFICE HOURS:** 9:00 a.m. to 5:00 p.m.

**LOS ANGELES COUNTY OFFICE OF EDUCATION/EASTERN COUNTY**

Start-Family Services Component

509 W. 29th Street

Los Angeles, CA 90007

(800) 493-2121

Federal program to help Head Start families solve problems of illiteracy, English language usage, drug abuse, employment readiness and placement. Also provides parenting skills support and legal assistance. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m.



## **LOS ANGELES COUNTY OFFICE OF EDUCATION, WESTERN COUNTY**

Regional Family Services  
509 W. 29th Street  
Los Angeles, CA 90007  
(800) 493-2121

This is a federal program to help Head Start families solve programs of illiteracy, English language usage, drug abuse, employment readiness and placement. Additional services include parenting skills support and legal assistance. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m.

## **LOVING YOUR DISABLED CHILD**

Family Resource Center  
4715 Crenshaw Blvd.  
Los Angeles, CA 90043  
(323) 299-2925  
(323) 299-4373 FAX

The Family Resource Center is for families with special needs. They offers resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs. Serves South Central L.A., Southwest L.A., Southeast L.A. Call for information. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Services are free.

## **MARTIN LUTHER KING LEGACY ASSN.**

Project A.H.E.A.D.  
4182 S. Western Ave.  
Los Angeles, CA 90062  
(323) 290-4119  
(323) 295-7783 FAX

Community nonprofit association providing many services including: Project A.H.E.A.D. (Accelerating Home Education And Development) is a parenting component of the Los Angeles Unified School District's Project Ten Schools. Serves South Central Los Angeles. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Services are free.

## **MOTHERNET L.A.**

1324 W. Rosecrans Blvd.  
Compton, CA 90222  
(310) 632-3353  
(310) 537-8511 FAX

Provides Compton and surrounding South Central Los Angeles with free home visiting services for pregnant women and their families. Trained home visitors provide one on one maundering, support, education and transportation to their clients. Family resources center provides health education classes and linkage to necessary services. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish. Sliding fee scale.

**PARENTS OF WATTS**

Working/Youth/Adults  
10828 Lou Dillon Ave.  
Los Angeles, CA 90059  
(323) 566-7556  
(323) 569-3982 FAX

Provides intervention and prevention activities. Counseling, vocational and educational support, job training referrals and parent education. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 12:00 p.m.

**PEOPLE WHO CARE YOUTH CENTER**

1500 W. Slauson Ave.  
Los Angeles, CA 90047  
(323) 778-8905  
(323) 778-9060 FAX

Youth & family counseling, parenting educ., youth advocacy, therapeutic recreation, graffiti abatement. . Serves So. Central L.A. **OFFICE HOURS:** Monday thru Saturday 8:30 a.m. to 5:00 p.m. Services are free.

**SCLARC FAMILY RESOURCE CENTER**

2225 W. Adams Blvd.  
Los Angeles, CA 90018  
(323)730-2326  
(323)731-3996 FAX

Family Resource Center for families with special needs. Offer resource info & referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs. Serves South Central L.A., Southeast L.A., Southwest L.A. Call for information. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 300 p.m. Services are free.

**SCLARC FAMILY RESOURCE CENTER**

2160 W. Adams Blvd.  
Los Angeles, CA 90018  
(323)730-2279  
(323)730-0793 FAX

Offers families with special problems resource information, referral, advocacy, training, parent support groups, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs also available. Serves Bell Gardens, Carson, Compton, Cudahy, Dominguez Hills, Downey, Firestone, Florence, Huntington Park, Lynwood, Paramount, San Antonio, South Central L.A. , Southeast L.A., Southwest L.A. and South Gate. **OFFICE HOURS:** Monday to Friday 8:30 a.m. to 5:00 p.m. Services are free.

**SINGLE PARENT NETWORK**

3940 2nd Ave.  
Los Angeles, CA 9000-2702

Informative, direct resource and referral services and workshop for single parents who are presently divorced, widowed, separated, custodial or never married. Concerning issues in the home, school, workplace and community. Serves Los Angeles County. **OFFICE HOURS:** Monday thru Friday 10:00 a.m. to 7:00 p.m. Call for appointment.

**SOUTH CENTRAL LOS ANGELES MULTI-SERVICE/CHILD DEVELOPMENT**

320 E. 111th Street  
Los Angeles, CA 90061  
(323) 756-9380  
(213) 847-4814 FAX

Preschool and school age child care services for children in South Central Los Angeles and infants of teen parents, Monday thru Friday 6:00 a.m. to 6:00 p.m. Free dental exams for children ages preschool to teenage. Serves South Central Los Angeles. Sliding fee scale with many services free.

**ST. FRANCIS CHILDREN'S CTR**

3630 E. Imperial Highway  
Lynwood, CA 90262  
(310) 603-6393 24 Hour Line

Provides counseling for children who have been abused or at risk, their parents and other siblings, individual, group. Parenting classes, prevention educ. for outside groups. Serves: Southeast L.A. There is a 1 to 2 month wait for services. **OFFICE HOURS:** M-Th 9:30am-8:30pm, F 9:30 a.m.to 6:00 p.m. Center open 24 hrs. Full Time staff speak Spanish. Counseling on sliding fee scale. Accepts Medi-Cal.

**THE ARK**

11705 Deputy Yamamota Pl., Suite A  
Lynwood, CA 90059  
(213) 357-6930

Provide an extensive parent education curriculum to educate and inform parents of children from ages 0 - 5 years. Classes cover physical development, language and cognitive development, self esteem, play/creativity, discipline, stress management, health and safety issues, nutrition, home management, and sex education.

**T.H.E. CLINIC**

3860 W. Martin Luther King Blvd.  
Los Angeles, CA 90008  
(213) 294-3169 or (213) 295-6577

Provides parenting classes and other services.

**YWCA/GREATER L.A./COMPTON**

Compton Center  
1600 Compton Blvd.  
Compton, CA 90221  
(310)764-1033 (Rape Hotline)  
(310)765-9590 FAX

Summer day camp, teen mother program, sexual assault crisis counseling, domestic violence program, child abuse and parent educ. classes Child care is provided for ages: 2-5 yrs, , info & referral for shelter, food, clothing, housing. Serves: L.A. Walk-in or call. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m.

**YWCA/WATTS**

Greater L.A. Program Location

2053 E. 99th Place, Unit 255

Los Angeles, CA 90002

(323) 567-2145

After school program hours are Monday thru Friday 9:00 a.m. to 5:30 p.m. Parenting classes are offered on a as needed basis on Wednesday 10:00 a.m. to 12:00 p.m., at no charge. Serves Watts and nearby **areas. OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m. Staff speak Spanish. Annual Membership fee: \$22 for adults, & 10 for teens.

**SPA 7**

**EAST**

## **SPA 7: EAST**

### **ABC UNIFIED SCHOOL DISTRICT**

Adult School  
12254 F. Cuesta Drive  
Cerritos, CA 90703  
(562) 926-6734  
(562) 921-9958 FAX

Provides parent education for parents of children 0-5 years of age. Walk-in or call. **OFFICE HOURS:** Monday thru Thursday 7:30 a.m. to 9:30 p.m., Friday 7:30 a.m. to 4:00 p.m.  
No charge for many classes, nominal fee for some courses.

### **BELL GARDENS YOUTH SERVICES BUREAU**

5840 E. Florence Ave.  
Bell Gardens, CA 90201  
(562) 806-7670  
(562) 806-7673 FAX

Offers parenting classes, after school tutoring for small groups to 4th grade, counseling, gang awareness classes for parents & youth and recreation. Must be 6-18 years of age to participate in program. Serves: Bell Gardens residents only. Call for details. **OFFICE HOURS:** Monday thru Friday 10 a.m. to 7 p.m. Staff speak Spanish. Services are free.

### **BELLFLOWER ADULT SCHOOL**

9242 E. Laurel Street  
Bellflower, CA 90706  
(562) 461-2218  
(562) 461-2221 FAX

Offers classes in parenting, elem & secondary basic skills, literacy including high school diploma, GED and ESL; short term vocational programs including cosmetician, cosmetology and manicuring, business, computers, nursing asst, medical secretary, programs for older adults and health and safety education.

**OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 9:30 p.m., Friday 8:00 a.m. to 4:00 p.m. Walk-in or call.

### **BIENVENIDOS FAMILY SERVICES**

5233 E. Beverly Blvd.  
Los Angeles, CA 90022  
(323) 728-9577 24 Hour Line  
(323) 728-3483 FAX

Provides assistance to high need, low resource families. Offers comprehensive home and center based case managed support services. Family drop-in center, kitchen, food pantry, respite child care, parent training, peer support, individual programs for children. Each family is served based on family needs.

**OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m., some evenings. Staff speak Spanish.  
No charge for services.

**BEGIN AT THE BEGINNING WITH BOOKS (BBB)**

County of Los Angeles Public Library  
7400 East Imperial Highway  
Downey, CA 90241  
(310) 940-8522

BBB is an outreach program designed to break the cycle of poverty and illiteracy among the poorest families in L.A. County. Services are conducted in English and Spanish at County Prenatal Clinics, medical clinics and 7 participating libraries. Topics include "How to Help Your Baby Fall in Love with Books."

**CENTRO DE NINOS**

4850 Caesar Chavez Blvd.  
Los Angeles, CA 90022  
(323)268-4600  
(323)526-9068 FAX

Offers child care for children from 3 months to 5 years of age. Staff speak Spanish. Sliding fee scale.

**DIDI HIRSCH COMMUNITY MENTAL HEALTH**

Mental Health/Counseling  
4760 S. Sepulveda Blvd.  
Culver City, CA 90230  
(310)390-6612  
(310)398-5690 FAX

Provides a full range of mental health programs including crisis intervention. Counseling for children, families and older adults, day treatment program for adults, parent educ. programs, treatment of victims of child abuse with group and individual counseling. . Serves: Culver City, Venice, Marina Del Rey and Mar Vista. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m., evenings by appointment. Full time staff speak Spanish. Accepts Medi-Cal, private insurance. Sliding fee scale. No one turned away due to lack of funds.

**EXCHANGE CLUB FAMILY SUPPORT CENTER**

11501 Dolan Ave.  
Downey, CA 90241  
(562) 904-9590  
(562) 904-9593 FAX

Supervised volunteer parent aides teach parenting and homemaker skills to high risk families with the goal of preventing child abuse, Offers parent education classes.

**FAMILY RESOURCE CENTER/HARBOR NEC**

21231 Hawthorne Blvd.  
Torrance, CA 90603  
(310) 543-0691  
(310) 316-8843 FAX

Offers families with special needs resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves Hermosa Beach, Manhattan Beach, Redondo Beach, Palos Verdes, Torrance, Long Beach, Harbor area, Southeast L.A. County. Call for information.. Networks with other Family Resource Centers in Long Beach, Harbor, Hawaiian Gardens and L.A. countywide. Services free

### **GRANDPARENTS AS PARENTS**

P.O. Box 964  
Lakewood, CA 90714

(562) 924-3996 (Voicemail)

Support groups for grandparents who are raising their grandchildren. Educates relative caregivers on their rights and responsibilities. Provides information and referrals.

### **HELPLINE YOUTH COUNSELING**

Administrative Office  
12440 E. Firestone Blvd., Suite 1000  
Norwalk, CA 90650

(562) 864-3722

(562) 864-4596 FAX

Provides youth and family counseling, focus on delinquency prevention, child abuse and neglect and treatment programs for youth ages 0-18 yrs, parenting classes, and activities for youth. Serves Whittier to Long Beach and nearby areas. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 3:00 p.m., Friday 9:00 am. To 5:00 pm.

### **HUMAN SERVICES ASSOCIATION**

6800 E. Florence Ave.  
Bell Gardens, CA 90201

(562) 806-5400

(562) 806-5394 FAX

Human Services Association is a multipurpose community center serving children, adults, and families in Southeast Los Angeles County. It offers counseling, emergency assistance and in-home employment. It's Family Services Department provides individual and group counseling, parenting classes and teen pregnancy prevention programs. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m.

### **INTERCOMMUNITY CHILD GUIDANCE CENTER**

8106 Broadway Ave.

Whittier, CA 90606

(562) 692-0383

(562) 692-0380 FAX

Provides counseling services for emotional disturbed children, adolescents and their families (e.g. serious behavior and school problems, substance abusing adolescents, abused children, suicide children). Free parenting classes. Serves Whittier, Pico Rivera, Santa Fe Spring, La Habra Heights and La Mirada. Call for details. WAIT: 4-6 week, unless emergency. **OFFICE HOURS:** Monday and Friday 8:00 a.m. to 5:00 p.m., Tuesday and Wednesday, 8:00 a.m. to 7:00 p.m. Staff speak Spanish Sliding fee scale, accepts Medi-Cal.

### **L.A. CO. OFFICE OF EDUCATION**

Staff Development Programs

9300 Imperial Highway

Downey, CA 90242

(562)922-6111

(562)922-6768

Information, available resources, staff development for grades K-12 in L.A. County. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Call for details.



**OPTIONS/THE FAMILY CENTER**

9150 Painter Ave., Suite 201  
Whittier, CA 90602  
(562) 693-0759  
(562) 945-5915 FAX

Nonprofit center providing comprehensive child abuse treatment and prevention services, domestic violence and trauma due to crime victimization counseling, individual, adult and child therapy, couples and family therapy, parenting groups, adolescent girls therapy group (ages 13-16 yrs). In-home parenting education. Serves Whittier and surrounding communities. Staff speak Spanish, Mandarin, Japanese, Vietnamese and Hindi. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m., Saturday 9:00 a.m. to 12:00 noon. Sliding fee scale \$5-84, will accept insurance, will assist qualified victims of crime apply to State's program for compensation.

**PARTNERSHIP IN EARLY INTERVENTION**

Family Resource Centers  
13337 Lakeland Road  
Whittier, CA 90605  
(562) 906-1141

Provides information, training, parent to parent support for families who have children with special needs, referrals to local and national resources to meet the family's or child's individual needs including: doctors who accept Medi-Cal, infant programs, preschools, specialized equipment, therapy, transportation, information on special education and regional center rights and services. Serves West San Gabriel Valley and Southeast Los Angeles County. Walk-in or call. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 p.m. Staff speak Spanish.

**PROJECT JADE**

Juvenile Asst. Diversion Effort  
8650 California Ave.  
South Gate, CA 90280  
(323) 564-5233

Offers youth diversion and delinquency prevention program, providing family and group counseling, parenting classes, tutorial assistance and gang prevention. 24-72 hour wait for services, immediate services for crisis and urgent cases. Serves Cudahy, Bell, Maywood, Huntington Park, South Gate, Florence, Firestone and Walnut Park. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 6:00 p.m., evening and weekend hours for counseling services. Staff speak Spanish services are free with a nominal registration fee.

**PROJECT INFO COMMUNITY SERVICES**

Administrative Office  
94015. Painter Ave., Suite 104  
Whittier, CA 90605  
(562) 696-9436

Family communication parenting classes for parents with children 9 yrs of age or older, counseling, alcohol and drug prevention, early intervention and outpatient drug free counseling, Serves Whittier, Santa Fe Springs, Pico Rivera, Norwalk, La Mirada and nearby areas. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 4:30 p.m. Staff speak Spanish. Sliding fee scale, some services are free.

## **PROJECT INFORMATION COMMUNITY SERVICES**

CARINO Program  
13337 Lakeland Road  
Whittier, CA 90605  
(562) 906-1145  
(562) 946-5301 FAX

CARINO stands for Child Abuse Risk Intervention and Neighborhood Outreach. In Spanish it means "tender affection" and expresses our acceptance and care for families struggling to break the cycle of child abuse. Serves Whittier, Santa Fe Springs, Pico Rivera, Norwalk, and La Mirada. Offers In home and In-agency parenting support for families with children under 14 yrs of age and counseling for children and their families. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 6:00 p.m. and some evening classes. Staff speak Spanish.

## **SEA/PARENTS HELPING PARENTS**

3763 E. 4th Street  
Los Angeles, CA 90063  
(323) 261-9779  
(323) 261-1445 FAX

Offers a unique peer support group of parents who have previously been involved with gangs and violence and have completed parenting classes. These parents facilitate the "Wounded - Healer" Teachings. Provide parenting skills classes, CDD school for youth 12-17 yrs and drug counseling. Serves South Central Los Angeles, Pomona, Altadena, Compton and East Los Angeles. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish. Most services are free. Parenting classes have minimum fee.

## **SOLEDAD ENRICHMENT ACTION (S.E.A.)**

161 S. Fetterly Ave.  
Los Angeles, CA 90022  
(323) 261-9780

S.E.A. works with parents providing 20 parenting sessions and a Second Phase Support Group. Serves East Los Angeles, South Central Los Angeles, Compton, Altadena, Cudahy, Highland Park, Pomona, Lincoln Heights and Buena Park. Call for details or appointment. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish.

## **SOUTHEAST FAMILY RESOURCE CENTER**

Pharis Fedde Junior High School  
21409 5. Elaine Street, Room 29  
Hawaiian Gardens, CA 90716  
(562) 926-9838  
(562) 402-8528 FAX

The Family Resource Center provides services to families with special needs. It offers resource information and referral, advocacy, training, parenting classes, parent support groups, social opportunities for families, sibling support groups, and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves Artesia, Bellflower, Cerritos, Hawaiian Gardens, La Mirada, Lakewood and Norwalk. Call for information. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 3:00 p.m. Staff speak Spanish and Sign Language. Services are free.

**ST. FRANCIS CHILDREN'S CENTER**

3630 E. Imperial Highway  
Lynwood, CA 90262  
(310) 603-6393

Provides outpatient counseling for children who have been abused or are at risk, their parents, families and other siblings; individual and groups counseling. One month waiting period for services. Serves Southeast Los Angeles. **OFFICE HOURS:** Monday thru Thursday, 10:00 a.m. to 8:30 p.m, Friday 10:00 a.m. to 6:00 p.m. Staff speak Spanish. Sliding fee scale,

**YMCA/GREATER LONG BEACH**

Los Cerritos Family Branch  
15530 Woodruff Ave.  
Bellflower, CA 90706  
(562) 925-1292

Provides child care, preschool, day camps. youth sports, parent and child, teen leadership and mentoring, gymnastics, karate, parenting classes, lifesaving classes, aquatic classes, resident camps. Serves Artesia, Bellflower, Cerritos and Paramount. Child Care Hours: Monday thru Friday 6:30 a.m. to 6:30 p.m. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 6:30 p.m.

**SPA 8**

**SOUTH BAY**

## **SPA 8: SOUTH BAY**

### **ADULT CHILDREN OF ALCOHOLICS (ACA)**

ACA World Service Organization, Inc.

P.O. Box 3216

Torrance, CA 90510

(310)534-1815

(562)408-2356 FAX

Self help 12 Step, 12-Tradition program of recovery for individuals who grew up in an alcoholic or dysfunctional household. This is the world office. Send self addressed stamped #10 envelope to the above address for information. Call for meeting times and places.

### **AUTISM SOCIETY OF AMERICA**

Long Beach/South Bay

3424 Bellflower Blvd.

Long Beach, CA. 90808

(562) 425-6850 Warmline

Provides information and referral on where to obtain help in dealing with the behavior of an autistic child, such as education and treatment programs, how and where to obtain evaluation and diagnosis. Monthly support groups. Non-members are welcome to attend support meeting. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. The warmline hours are 8am-8pm. Spanish speaker available upon request.

### **BABY STEP INN**

1755 Freeman Ave.

Long Beach, CA 90804

(562) 986-5525 24 Hour Line

(562) 494-4268 FAX

Baby Step Inn is a substance abuse recovery program for pregnant and post-partum mothers and their infants. Baby Step Inn offers recovery planning, individual and group counseling and 12 step support. Baby Step Inn also provides parenting classes, as well as recreation activities to encourage bonding between mother and child. Medical services are coordinated through Harbor-UCLA Medical Center. Serves: Long Beach, South Bay. Fees based upon a sliding fee scale.

### **BEACH CITIES HEALTH DISTRICT CHILDREN PROGRAM**

710 Pier Ave., Suite 9

Hermosa Beach, CA 90254

(310) 318-7939

(310) 318-7941 FAX

Provides medical and mental health care for eligible residents of Hermosa, Manhattan and Redondo Beach with a child or pregnant woman in the family. Pediatric care: well and sick visits; dental for children; sick visit for parents; counseling; support groups; individual; family; parenting classes. Referrals for initial prenatal care. Up to 100% assistance and a network of quality South Bay professional. Families of limited means who are uninsured or under insured residing or attending school or day care in Hermosa, Manhattan and Redondo Beach are qualified to enter program. There may be a one week waiting period for services. Call for appointment. Most services are free. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

### **BIG SISTER OF LOS ANGELES**

South Bay Office  
520 E. Carson Plaza Ct., Ste. 206  
Carson, CA. 90746  
(310) 324-5954

Girls, at risk or in need, ages 6-18, (up to age 21 if pregnant or parenting), are matched to volunteer Big Sister. Volunteer Big Sisters act as positive role models and provide friendship, compassion and guidance on a one on one basis. This mentoring relationship exposes girls to new experiences and alternatives, assisting them to become responsible, self-sufficient and independent young women. Professional staff screen and train Big Sisters and supervise matches.. Serves Long Beach and South Bay areas. **OFFICE HOURS:** Tuesday thru Friday 9:00 a.m. to 5:30 p.m., evening hours available Staff speak Spanish. Services are free.

### **CAROLYN KORDICH FAMILY RESOURCE CENTER**

Harbor Area Early Intervention Council  
P.O. Box 216  
Harbor City, CA. 90710-0216  
(310) 325-7288 VoiceMail  
(310) 325-7288 FAX

The Family Resources Center is for families with special needs. Offers resource information and referrals, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Monthly parent education workshop. Serves Harbor City, Harbor Gateway, Lomita, San Pedro, Wilmington and Carson.

### **CHILDREN'S INSTITUTE INTERNATIONAL**

South County Facility  
21810 Normandie Ave.  
Torrance, CA 90502  
(310)783-4677  
(310)783-4676 FAX

Multi-service child welfare agency with specialized treatment programs by age and Assessment Center for birth to age 10 include: medical exams, dev assessment for at risk children, cases management by social work staff, referral to parent support services. Partner Foster Family program, for birth to ages 8, has ongoing training to foster parents. Therapeutic Day Care is for age 6 weeks to 5 yrs, parent participation in outpatient treatment programs. Family Care Center offers family preservation treatment services through multilingual, multi cultural staff. Individual, family and group counseling and parent education classes, also provide to children exposed prenatally to drugs, 12-step drug and alcohol recovery program, specialized treatment program for child sexual abuse victims and their families, as well as, children ages 4-12 who molest other children, and in-home services to families. Comprehensive social service delivery system to meet the needs of the children and families referred by the Dept. of Children and Family Services. Serves L.A. County. Also call (213)385-5100. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m.

**CHILDREN'S BUREAU OF SOUTHERN CALIFORNIA**

Centinela Valley Office  
610 N. Eucalyptus Ave.  
Inglewood, CA 90302  
(310)673-7830  
(310)673-5619 FAX

Multi-service child welfare agency provides crisis intervention, in-home and office counseling, child respite care, parent education, foster parent certification. Serves L.A. County. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

**EDUCATIONAL PSYCHOLOGY CLINIC**

Calif State University, Long Beach  
1250 Bellflower Blvd.  
Long Beach, CA 90840  
(562)985-4991

Individual counseling for children 7-17 yrs. Counselors are graduate students under the supervision of faculty in College of Education. Also individual psycho educational assessment and remediation for children 7-17 yrs. Parent education offered concurrent with remediation. Children with identified learning disability preferred for remediation. **OFFICE HOURS:** by appointment only. No one turned away for lack of funds.

**HARBOR UCLA/REI-WIC**

2930 West Martin Luther King Blvd.  
Inglewood, Ca 90309  
(213) 757-7244  
(213) 779-1190 FAX

Provides parenting classes and other services.

**HELPLINE YOUTH COUNSELING**

Outreach Office  
1133 Rhea Street  
Long Beach, CA 90806  
(562) 599-2244  
(562) 864-4596 FAX

Provides youth and family counseling, focus on delinquency prevention and treatment programs, parenting classes, on-campus youth counseling and activities for youth ages 8-18 years., Serves Long Beach.

**OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 5:00 p.m. Friday 9:00 a.m. to 3:00 p.m. Sliding fee scale, no one turned away for lack of funds

### **INSTITUTE FOR BLACK PARENTING**

Foster Care Program Manager  
9920 La Cienega Blvd., Suite 806  
Inglewood, CA 90301  
(800)367-8858  
(310)215-3325 FAX

Adoption, foster care and family preservation agency . Specializes in family reunification, recruitment, and training of loving families for black children. Agency specializes in minority populations, but services are open to all ethnic groups. SERVES: L.A., Orange, San Berardino, Riverside Counties. HRS: M-F 8am-5pm. No fee for services. Satellite office at 3233 Arlington Ave., Ste 105, Riverside, CA 92506. Also provide Latino Family Institute that specializes in adoption and foster care services for Latino children. Call (310) 384-1400 or (909) 782-2800 for further information.

### **JEWISH FAMILY SERVICES/SOUTH BAY**

Southern Region  
22410 Palos Verdes Blvd.  
Torrance, CA 90505  
(310) 540-6646  
(310) 540-1026 FAX

Provides individual, couple. family counseling, crisis, short term and long term therapy, bereavement groups, relationship support group, programs for families going through separation and divorce, programs for single parents, women's support group, 10-week parenting education and support group, information and referrals. Advocacy, food bank, and holiday programs. There is a 4 WAIT: up to 4 wks. Serves South Bay. Call for appointment. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 8:30 p.m. Sliding fee scale for counseling from \$25-\$90.

### **JOINT EFFORTS**

505 5. Pacific Ave., Suite 205  
San Pedro, CA 90731  
(310) 831-2358  
(310) 831-2356 FAX

Parental and family counseling for CITA 6 residents. Family preservation for clients only. Serves Long Beach, San Pedro, Wilmington, Carson, Lomita, Harbor City. Staff speak Spanish. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 5:30 .pm., Friday 8:30 a.m. to 5:00 p.m.

### **LA CLINICA DEL PUEBLO**

1547 N Avalon Blvd.  
Wilmington, CA 90744  
(310) 830-0100  
(310) 830-0187 FAX

Provides group and individual sessions, anger management group, parenting classes, high risk youth counseling, children's services referrals. Must be a Los Angeles County resident to participate in program. Serves Harbor area. Call for appointment. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 6:00 p.m. Staff speak Spanish. Sliding fee scale.



**LONG BEACH FAMILY RESOURCE CENTER**

Miller Childrens Hospital  
2801 Atlantic Ave., 2nd Floor  
Long Beach, CA 90801  
(562) 933-8050  
(562) 933-8430 FAX

The Family Resource Center serves families with special needs. Services offered include: information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library. Serves Lakewood, Long Beach, and Signal Hill. Call for information. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m. Services are free.

**LUTHERAN SOCIAL SERVICES/LONG BEACH**

Hispanic Outreach Project  
1611 Pine Ave.  
Long Beach, CA 90813  
(562) 599-1321

Provides emergency assistance with food and clothing on site, literacy training, case work and referrals to community agencies. Educational programs on a variety of topics including parenting. Walk-ins accepted. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 4:00 p.m., client intake from 10:00 a.m. to 2:00 p.m. Staff speak Spanish.

**MAR HAR HOUSE COMMUNITY CENTER**

Catholic Charities  
1115 Mahar Ave.  
Wilmington, CA 90744  
(310) 834-7265  
(310) 834-8813 FAX

Offers activities for school aged children and young adults. Summer youth program, parent education classes, after school child care program, special holiday programs for children, Christmas toy giveaway and family baskets. Serves Wilmington. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Spanish spoken. Services are free, except for after school child care.

**NATIONAL COUNCIL ON ALCOHOL/DRUG DSP**

South Bay Area  
1334 Post Ave.  
Torrance, CA 90501  
(310) 326-1460  
(310) 328-1964 FAX

Provides information and referral services and parenting skills classes. Self-help meetings, domestic violence program for batterers, family preservation program. Serves South Bay, Harbor, Long Beach, Westchester. Call or walk-in. **OFFICE HOURS:** 8:30 a.m. to 5:15 p.m. Staff speak Spanish. Services are free or on a sliding fee scale.

**NEIGHBORHOOD FAMILY CENTER**

16010 Crenshaw Blvd., #N  
Gardena, CA 90249  
(310) 324-0444

Provides 10 week sessions on Thursday, from 6:30 p.m. in Gardena and a 52 week session program on Tuesdays, from 10:00 a.m. covering parent skills for ages of children 0 - adolescent in English and Spanish.

**RICHSTONE FAMILY CENTER**

Center for Positive Parenting  
13620 Cordary Ave.  
Hawthorne, CA 90250  
(310) 970-1921

Counseling and support services for children, adults and families. After school programs, parenting classes in English and Spanish, family activity days, community resource library for clients, staff and the community, children from chemically affected families and child abuse prevention, home visitation, Richstone Kids Club, computer and tutorial programs, conflict resolution. Teen Pregnancy Prevention program, independent study program for teen mothers and child care for their babies. Serves South Bay, Centinela Valley and Southeast L.A. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 7 p.m., Friday 8:00 a.m. to 3:00 p.m., Saturday 9:00 a.m. to 1:00 p.m. Staff speak Spanish. Sliding fee scale, no one turned away for lack of funds.

**SCLARC FAMILY RESOURCE CENTER**

178008. Main Street, Suite 101  
Gardena, CA 90248  
(310) 366-6551  
(310) 366-6560 FAX

Offers families with special needs resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves Gardena, Carson, Compton, Torrance, and Lawndale. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 2:30 .pm. Services are free.

**SOUTH BAY CENTER COUNSELING**

360 N. Sepulveda Blvd., Suite 2075  
El Segundo, CA 90245  
(310) 414-2090 24 Hour Line  
(310) 414-2096 FAX

Provides family, child individual and group counseling. Parenting classes are offered , child care may be available. Diagnosis & treatment of child abuse. Therapeutic preschool and school counseling program. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 9:00 p.m., Friday 9:00 a.m. to 7:00 p.m., Saturday 8:00 a.m. to 2:00 p.m. Sliding fee scale \$11-\$56.

**SOUTHERN CALIFORNIA YOUTH & FAMILY CENTER**

101 N. La Brea Ave., Suite 100  
Inglewood, CA 90301  
(310) 671-1222 Voicemail  
(310) 671-0687 FAX

Comprehensive services to adolescents and their families. Program focuses on teen pregnancy prevention and family life education, teen pregnancy and parenting, and violence prevention. Serves Long Beach, South Bay and Inglewood. Walk-in's accepted. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:30 p.m. Staff speak Spanish. Services are free.

**SOUTHERN CALIFORNIA YOUTH & FAMILY CENTER**

3939 Atlantic Ave., Suite 100  
Long Beach, CA 90807  
(562) 989-4300  
(562) 989-4311 FAX

Comprehensive services to adolescents and their families. Program focuses on teen pregnancy prevention and family life education, AIDS prevention, teen pregnancy and parenting, and violence prevention. Provides collaboration between schools, community organizations and public agencies. Serves Long Beach, South Bay and Inglewood. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:30 .pm. Staff speak Spanish. Services are free.

**SOUTHWEST SPECIAL EDUCATION**

Family Resource Center  
300 N. Continental Blvd., Suite 510  
El Segundo, CA 90245  
(310) 606-0859  
(310) 605-0893 FAX

The Family Resource Center is for families with special needs. Offers resource information, referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs available. Serves Inglewood, Lawndale, Hawthorne, Torrance, Lennox, El Segundo, Hermosa, Manhattan Beach, Redondo Beaches, Palos Verdes, Rolling Hills. Call for information. Services are free.

**STORK CLUB/OPTIONS FOR RECOVERY**

1124 W. Carson Street, Bldg N-33  
Torrance, CA 90502  
(310) 222-5410

Provides parenting classes for addicted women. No waiting for services. Serves Harbor, South Bay areas. Call for details. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Services are free.

**STRAIGHT TALK/SUPPORT GROUPS**

Cypress Office  
(714) 828-2000  
(714) 828-0758 FAX

Straight Talk offers: parenting skills classes, children's group, stepparents support group, and wide range of counseling services.

### **THE COVENANT RESOURCE CENTER**

Rainbow Parenting  
4130 Atlantic Ave, Ste 102  
Long Beach, CA 90807  
(562) 427-4405  
(562) 989-3703 FAX

Scripturally based parenting classes for concerned Christian parents (6 wk series). Teaching parents effective strategies for motivation, discipline and self awareness and ways to teach children responsibility, values, self discipline and ways to resist the pressures of the streets. Classes are court approved. Also offers videos and homework tutorials for children ages 6-18 while parents attend class. Serves Los Angeles and Orange Counties. **OFFICE HOURS:** Monday thru Friday 10:00 a.m. to 5:00 p.m., Saturday 11:00 a.m. to 3:00 p.m. Fees: \$5-\$15 per class.

### **TORRANCE ADULT SCHOOL**

Hamilton Center  
2606 W. 182nd Street  
Torrance, CA 90504  
(310) 533-4459  
(310) 533-4706 FAX

Offers parenting education. Serves South Bay area. Extensive educational offerings. **OFFICE HOURS:** Monday thru Thursday 7:30 a.m. to 9:30 p.m., Friday 7:30 a.m. to 4:00 p.m.

### **VOLUNTEERS OF AMERICA/LOS ANGELES**

Corporate Office  
3600 Wilshire Blvd, Suite 1500  
Los Angeles, CA 90010  
(213) 389-1500  
(213) 385-7599 FAX

Provides family counseling, parenting classes, child care, educational program including Head Start and Upward Bound. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m..

### **WESTSIDE NEIGHBORHOOD CLINIC**

1436 W. 23rd Street  
Long Beach, CA 90810  
(562) 595-5507  
(562) 492-9977 FAX

Low cost health care for adults, children and pregnant women. Primary medical services for those unable to access elsewhere; prenatal care, pediatrics, immunizations, mental health counseling, parenting classes. Serves South Bay area. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m., Tuesday 8:00 a.m. to 7:00 p.m. Staff speak Spanish. Accepts Medi-Cal. No one refused service.

### **YOUNG HORIZONS**

320 Pine Ave., Suite 308  
Long Beach, CA 90802  
(562) 435-4080

Nonprofit Juvenile Diversion Program steers youth from criminal and gang lifestyles, provides counseling for youth and parents, with parenting and child dev classes. Gang Violence Suppression (GVS) programs aims to reduce violence among youth involved in gangs. State funded preschool program. Mentoring program. Serves Long Beach.

**YWCA/HABOR AREA**

437 W. 9th Street  
San Pedro, CA 90731  
(310) 547-0831

Infant, preschool and latchkey child care, day camp, free parenting class offered in English and Spanish, cradle closet for pregnant teens or anyone with a low income, information and referral services for families in crisis. Serves San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway and Palos Verdes. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m., child care 6:30 a.m. to 6:00 p.m. Staff speak Spanish.

**ALPHABETICAL  
LISTING  
OF  
AGENCIES**

**ABC UNIFIED SCHOOL DISTRICT**

Adult School  
12254 F. Cuesta Drive  
Cerritos, CA 90703  
(562) 926-6734  
(562) 921-9958 FAX

Provides parent education for parents of children 0-5 years of age. Walk-in or call. **OFFICE HOURS:** Monday thru Thursday 7:30 a.m. to 9:30 p.m., Friday 7:30 a.m. to 4:00 p.m. No charge for many classes, nominal fee for some courses.

**ACTING, A PARENT / TEEN SUPPORT**

3959 Laurel Canyon Blvd., Suite L  
Studio City, CA 91604  
(800)367-8336  
(800) FOR - TEENS  
(818)763-9568 FAX

Free weekly support groups for parents and adolescents. Offer support to families dealing with low self-esteem, depression, drug and alcohol abuse, running away from home, pregnancy and other family related issues. Also provide individual and family therapy on a sliding scale, low-cost drug testing, crisis intervention, immediate inpatient and outpatient referrals, and a 24hr. Helpline.

**ADULT AND CAREER EDUCATION**

Pomona Unified School District  
1515 W. Mission Ave.  
Pomona, CA 91766  
(909) 469-2333  
(909) 623-3841 FAX

Provides free parenting classes, vocational, ROP, community service classes, academic and career assessment, GED, ABE, HSD, free ESL classes. **SERVES:** Pomona & nearby areas. **OFFICE HOURS:** Tuesday thru Thursday 9:00 a.m. to 5:30 p.m., evening hours available. Services are free.

**ADULT CHILDREN OF ALCOHOLICS (ACA)**

ACA World Service Organization, Inc.  
P.O. Box 3216  
Torrance, CA 90510  
(310)534-1815  
(562)408-2356 FAX

Self help 12 Step, 12-Tradition program of recovery for individuals who grew up in an alcoholic or dysfunctional household. This is the world office. Send self addressed stamped #10 envelope to the above address for information. Call for meeting times and places.

**AL-ANON FAMILY GROUP, INC.**

Central Office  
4936 Lankershim Blvd.  
North Hollywood, CA 91601  
(818) 760-7122 (24 Hour Line)  
(818) 760-7440 FAX  
(888) 684-6444 Toll Free for LA County only

Provides referrals to nearly 500 groups throughout L.A. County. These groups help the families and friends of people with a drinking problem learn how to deal with them in a more constructive way. ALATEEN groups for children of alcoholic parents (ages 12-20 years). No dues are levied, only voluntary contributions. Referrals offered for other languages.

### **ALCOHOL AND DRUG COUNSELING OF GREATER LOS ANGELES**

Main Directions  
958 E. 108th Street  
Los Angeles, CA 90059  
(323) 357-7390  
(323) 357-7393 FAX

The Center offers an outpatient treatment program. Offers testing, assessment, referrals, outreach, community education, parenting classes and domestic violence classes. Serves Los Angeles County.  
**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 12:00 p.m.

### **ALL PEOPLE CHRISTIAN CENTER**

822 E. 20th Street  
Los Angeles, CA 90011  
(213) 747-6357  
(213) 747-0541 FAX

After school youth program for ages 6 to 18 years. Family social work services, counseling, crisis intervention and parenting classes held in Spanish and English.

### **ANSWERING THE CALL**

Total Involvement Ministry, Inc.  
8516 Langdon Ave  
North Hills, CA 91343-5817  
(818)893-7059(VOICE)  
(818)893-7059 FAX

Strive to reach at-risk youth in-crisis. Some of the programs include: sport activities ,tutoring, outdoor adventures, street counseling, pray vigils etc. Prison and street ministry programs. Call for more information. Serves: L.A. county.

### **ASIAN DRUG CENTER**

33850 King Blvd.  
Los Angeles, CA 90008  
(213) 295-0262

Provides comprehensive alcohol and drug services for pregnant and parenting women including parenting women including parenting classes, health classes, child care, transportation and substance abuse treatment. **OFFICE HOURS:** 8:30 a.m. to 5:30 p.m.

### **ASIAN YOUTH CENTER**

100 West Clary Ave.  
San Gabriel, CA 91776  
(626) 309-0622  
(626) 309-0717 FAX

Parenting classes and services available, contact Phina Li, Program Director.

### **ASSISTANCE LEAGUE OF SOUTHERN CALIFORNIA**

Family Service Agency  
1360 N. St. Andrews Pl, 2nd Floor  
Los Angeles, CA 90028  
(323) 469-5893  
(323) 469-5896 FAX

Provides parent education classes, domestic violence counseling for children and adults.. Individual, family and group counseling, trauma counseling, help with single parent issues. Serves: Hollywood, Los Angeles.  
**OFFICE HOURS:** Monday thru Thursday 8:30 a.m to 8:00 p.m., Friday 9:00 a.m. to 4:30 p.m., Saturday 9:00 a.m. to 3:00 p.m.. Staff speak Spanish, Armenian and Russian.



### **ASSISTANCE LEAGUE OF SOUTHERN CALIFORNIA/CHILDREN**

Children's Club  
5620 DeLongpre Ave.  
Los Angeles, CA 90028  
(323)464-4063  
(323)464-0238 FAX

Offers counseling, advocacy, parent education classes, referrals service. Bus transportation from area school. Child care Monday thru Friday, 7:00 a.m. to 6:00 p.m.. Staff speak Spanish, Tagalog, Armenian. Sliding fee scale.

### **ASTHMA & ALLERGY FOUNDATION OF AMERICAN LOS ANGELES CHAPTER**

5900 Wiltshire Blvd., Suite 2330  
Los Angeles, CA 90036  
(213) 937-7859  
(800) 624-0044  
(213) 937-7815 FAX

The Asthma & Allergy Foundation of America is a voluntary non-profit organization that provides a variety of free services for people who have asthma and allergies. Our agency sponsors the "Breathmobile", a mobile asthma clinic that provides diagnosis, treatment and education to high risk inner city children at their school site. We have a summer camping program for children with asthma, ages 8 to 14. We provide referrals to support groups for parents of asthmatic children and referrals to asthma physicians specialist- board certified allergist. We provide the only certified Pollen Count in Southern California area. We offer free community and public education programs and free educational brochures on a variety asthma/allergy topics. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

### **AUTISM SOCIETY OF AMERICA**

Long Beach/South Bay  
3424 Bellflower Blvd.  
Long Beach, CA. 90808  
(562) 425-6850 Warmline

Provides information and referral on where to obtain help in dealing with the behavior of an autistic child, such as education and treatment programs, how and where to obtain evaluation and diagnosis. Monthly support groups. Non-members are welcome to attend support meeting. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. The warmline hours are 9:00 a.m.-8:00 pm. Spanish speaker available upon request.

### **AUTISM SOCIETY OF LOS ANGELES**

3975 Landmark Street  
Culver City, CA 90232  
(310)559-5664  
(310)559-0507 FAX

Information and referral service. Offers monthly parent support groups, library, resource files, newsletter, quarterly meetings, speakers bureau. Serves L.A. County. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 2:00 p.m. Services are free.

### **BABY STEP INN**

755 Freeman Ave.  
Long Beach, CA 90804  
(562) 986-5525 24 Hour Line  
(562) 494-4268 FAX

Baby Step Inn is a substance abuse recovery program for pregnant and post-partum mothers and their infants. Baby Step Inn offers recovery planning, individual and group counseling and 12 step support. Baby Step Inn also provides parenting classes, as well as recreation activities to encourage bonding between mother and child. Medical services are coordinated through Harbor-UCLA Medical Center. Serves: Long Beach, South Bay. Fees based upon a sliding fee scale.

**BACK IN CONTROL/SAN GABRIEL VALLEY**

66 Hurlbut Street  
Pasadena, CA 91105  
(626) 441-1500

Provides parent training classes for parents of children and adolescents who are having behavior problems. Serves Pasadena, San Gabriel Valley. Classes are in the evening. Free classes to families referred by Los Angeles County Department of Children and Family Services. Spanish classes available. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 5:00 p.m., Friday 8:00 a.m. to 3:00 p.m.

**BARRIO ACTION GROUP, INC**

4927 Huntington Drive North  
Los Angeles, CA 90032  
(323)221-0779  
(323)223-841 FAX

Non-profit group offering a variety of programs and services. Counseling for family, individuals, and youth with severe behavioral problems, such as a low or zero school attendance record, gang related activities and drug problems. Parent education, self-esteem programs, career development, after school activities, tutoring and alternative education. Serves youth at risk ages 5-18. Accept referrals from LAPD and schools but also accept walk-ins with prior appt for evaluation.. Serves East, Northeast L.A. within a 10 mile radius of the location. **OFFICE HOURS:** Monday thru Thursday 7:30 a.m. to 5:00 p.m., Friday 7:30 a.m. to 3:00 p.m. Services are free.

**BEACH CITIES HEALTH DISTRICT CHILDREN PROGRAM**

710 Pier Ave., Suite 9  
Hermosa Beach, CA 90254  
(310) 318-7939  
(310) 318-7941 FAX

Provides medical and mental health care for eligible residents of Hermosa, Manhattan and Redondo Beach with a child or pregnant woman in the family. Pediatric care: well and sick visits; dental for children; sick visit for parents; counseling; support groups; individual; family; parenting classes. Referrals for initial prenatal care. Up to 100% assistance and a network of quality South Bay professional. Families of limited means who are uninsured or under insured residing or attending school or day care in Hermosa, Manhattan and Redondo Beach are qualified to enter program. There may be a one week waiting period for services. Call for appointment. Most services are free. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**BECAUSE I LOVE YOU**

Parent Support Group  
P.O.Box 473  
Santa Monica, Ca 90406-0473  
(310) 659-5289  
(323) 585-4762(FAX)

Parent support group designed to help parents who have children (of all ages) with behavioral problems such as attitude, substance abuse, physical or verbal abuse, irregular school attendance, poor grades, runaway situations and other forms of defiance of authority. Referrals to resources.. Groups meet in the following cities: Burbank, Covina, Granada Hills, Santa Monica, Thousand Oaks, Torrance, West Hills. For San Fernando. Valley, call (818) 882-4881. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 4:00 p.m. No dues or fees.

**BEGIN AT THE BEGINNING WITH BOOKS (BBB)**

County of Los Angeles Public Library  
7400 East Imperial Highway  
Downey, CA 90241  
(310) 940-8522

BBB is an outreach program designed to break the cycle of poverty and illiteracy among the poorest families in L.A. County. Services are conducted in English and Spanish at County Prenatal Clinics, medical clinics and 7 participating libraries. Topics include "How to Help Your Baby Fall in Love with Books."

### **BEHAVIORAL HEALTH SERVICES**

Hollywood Family Recovery Center  
6838 Sunset Blvd.  
Hollywood, CA 90028  
(323) 461-3161  
(323) 461-5683 FAX

Provides individual, group, and family therapy. Anger management groups, parenting classes, self help meeting offered. Serves the Hollywood and Los Angeles areas. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m. No waiting for services. Staff speaks Spanish. Will accept insurance or Medi-Cal, no one is turned away.

### **BELL GARDENS YOUTH SERVICES BUREAU**

5840 E. Florence Ave.  
Bell Gardens, CA 90201  
(562) 806-7670  
(562) 806-7673 FAX

Offers parenting classes, after school tutoring for small groups to 4th grade, counseling, gang awareness classes for parents and youth and recreation. Must be 6-18 years of age to participate in program. Serves Bell Gardens residents only. Call for details. **OFFICE HOURS:** Monday thru Friday 10 a.m. to 7 p.m. Staff speak Spanish. Services are free.

### **BELLFLOWER ADULT SCHOOL**

9242 E. Laurel Street  
Bellflower, CA 90706  
(562) 461-2218  
(562) 461-2221 FAX

Offers classes in parenting, elementary and secondary basic skills, literacy including high school diploma, GED and ESL; short term vocational programs including cosmetician, cosmetology and manicuring, business, computers, nursing asst, medical secretary, programs for older adults and health and safety education. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 9:30 p.m., Friday 8:00 a.m. to 4:00 p.m. Walk-in or call.

### **BIENVENIDOS FAMILY SERVICES**

5233 E. Beverly Blvd.  
Los Angeles, CA 90022  
(323) 728-9577 24 Hour Line  
(323) 728-3483 FAX

Provides assistance to high need, low resource families. Offers comprehensive home and center based case managed support services. Family drop-in center, kitchen, food pantry, respite child care, parent training, peer support, individual programs for children. Each family is served based on family needs. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m., some evenings. Staff speak Spanish. No charge for services.

### **BIG SISTERS OF LOS ANGELES**

13130 Burbank Blvd., Room L-21  
Sherman Oaks, CA 91401  
(818) 780-9785

Serves girls at risk or in need, ages 6-18 (up to age 21 if pregnant or parenting), are matched to volunteer Big Sisters. Volunteer Big Sisters act as positive role models and provide friendship, companionship and guidance on a one to one basis. This mentoring relationship exposes girls to new experiences and alternatives, assisting them to become responsible, self-sufficient and independent young women. Professional staff screen and train Big Sisters and supervise matches. Serves San Fernando Valley.

### **BIG BROTHERS/GREATER LOS ANGELES**

Lankershim Social Service Center  
8330 Lankershim Blvd.  
North Hollywood, CA 91605  
(818) 768-6105  
(818) 344-1193 FAX

Provides one-to-one friendship between fatherless boys (Little Brothers) and adult male volunteers (Big Brothers). Volunteer Big Brothers must provide a driver's license and proof of auto insurance, and must be over 18 years of age. Boys must be 6 to 12 years of age to participate in the program. Serves San Fernando Valley, Santa Clarita Valley and Antelope Valley.

### **BIG SISTERS OF LOS ANGELES**

13130 Burbank Blvd., Room L-21  
Sherman Oaks, CA 91401  
(818)780-9785

Serves girls at risk or in need, ages 6-18 (up to age 21 if pregnant or parenting), are matched to volunteer Big Sisters. Volunteer Big Sisters act as positive role models and provide friendship, companionship and guidance on a one to one basis. This mentoring relationship exposes girls to new experiences and alternatives, assisting them to become responsible, self-sufficient and independent young women. Professional staff screen and train Big Sisters and supervise matches. Serves San Fernando Valley. **OFFICE HOURS:** Tuesday thru Thursday 9:00 a.m. to 5:30 p.m., evening hours available. Services are free.

### **BIG BROTHERS/GREATER LOS ANGELES**

Antelope Valley Social Services Center  
742 W. Avenue "K"  
Lancaster, CA 93534  
(805) 940-1507  
(800) 207-7567

Provides a one-to-one friendship between fatherless boys (little Brothers) and adult male volunteers (Big Brothers). Volunteer Big Brothers must provide a driver's license and proof of auto insurance, and must be over 18 years of age. Boys must be 6 to 12 years of age to participate in the program. Serves Los Angeles county.

### **BIG BROTHERS/GREATER LOS ANGELES**

Eagle Rock Service Center  
1486 Colorado Blvd.  
Los Angeles, CA 90041  
(323) 258-3333

Provide one-to-one friendship between fatherless boys (Little Brothers) and adult male volunteers (Big Brothers). Volunteer Big Brothers must provide a driver's license, proof of auto insurance and must be over 18 years of age and undergo screening. Boys from 6-12 years of age are eligible to receive a Big Brother. **OFFICE HOURS:** Monday thru Friday 8:45 am to 5:30 p.m. Staff speak Spanish. Services are free.

### **BIG BROTHERS/GREATER LOS ANGELES**

Eagle Rock Service Center  
1486 Colorado Blvd.  
Los Angeles, CA 90041  
(323)258-3333

Provide one-to-one friendship between fatherless boys (Little Brothers) and adult male volunteers (Big Brothers). To participate as a Big Brother must have a driver's license, proof of auto insurance; be over 18 years of age, and undergo screening. Boys ages 6-12 years may receive a Big Brother. **OFFICE HOURS::** Monday thru Thursday 8:00 a.m. to 5:00 p.m., Friday 8:00 a.m. to 3:00 p.m.

**BIG SISTERS OF LOS ANGELES**

9241 Valley Blvd.  
Rosemead, CA 91770  
(626) 292-1205

Girls, at risk or in need, ages 6-18, (up to age 21 if pregnant or parenting ), are matched to volunteer Big Sister. Volunteer Big Sister act as positive role models and provide friendship, companionship and guidance on a one to one basis.. Professional staff screen and train Big Sisters and supervise matches. .Must be over 21, provide driving record, car insurance & references. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m., evening hours available. Staff speaks Spanish. Services are free.

**BIG SISTER OF LOS ANGELES**

South Bay Office  
520 E. Carson Plaza Ct., Ste. 206  
Carson, CA. 90746  
(310) 324-5954

Girls, at risk or in need, ages 6-18, (up to age 21 if pregnant or parenting), are matched to volunteer Big Sister. Volunteer Big Sisters act as positive role models and provide friendship, compassion and guidance on a one on one basis. This mentoring relationship exposes girls to new experiences and alternatives, assisting them to become responsible, self-sufficient and independent young women. Professional staff screen and train Big Sisters and supervise matches.. Serves Long Beach and South Bay areas. **OFFICE HOURS:** Tuesday thru Friday 9:00 a.m. to 5:30 p.m., evening hours available Staff apeak Spanish. Services are free.

**BIG SISTERS OF LOS ANGELES**

Administrative Office  
6022 Wiltshire Blvd, Suite 202  
Los Angeles CA 90036  
(213)933-5749

Girls at risk or in need, from ages 6-18 yrs (up tp age 20 if pregnant or parenting) are matched to volunteer Big Sisters who act as role models and provide friendship, companionship and guidance on a one to one basis. Professional staff screen and train Big Sisters and supervise matches. Serves: San Gabriel Valley. **OFFICE HOURS:** Tuesday thru Thursday 9:00 a.m. to 5:30 p.m., evening hours available. Services are free.

**BIG BROTHERS/ GREATER LOS ANGELES**

Culver City Social Services Center  
5601 W. Slauson Blvd., Suite 234  
Culver City, CA 90230  
(310)338-0055  
(310)338-0380 FAX

Provide one-to-one friendship between fatherless boys and adults male volunteers. To volunteer as a Big Brother must be 18 years of age, submit to intensive screening, have a drivers license, proof of insurance. Boys must be 6-12 years of age to receive a Big Brother. Serves Metro L.A., Beach Cities. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 8:00 p.m., Friday 9:00 a.m. to 3:00 p.m.

**BRIDGE FOCUS**

Single Parent Connection/Costars Program  
16360 Roscoe Blvd., Suite 120  
Van Nuys, CA 91406  
(818) 895-5132 (Ext 30)  
(818) 846-3148 FAX

The Parent Connection and Costars strengthen the family bond and foster a sense of pride in both parents and children. Single parents, couples and Spanish speaking parents are linked through education, support groups, self-esteem building and social opportunities for themselves and their children. Groups ongoing. Serves San Fernando Valley, Santa Clarita Valley, Glendale and Burbank. **OFFICE HOURS:** Monday thru Wednesday, 8:30 a.m. to 8:00 p.m., Thursday and Friday, 8:30 a.m. to 5:30 p.m. Staff speak Spanish.

**CAROLYN KORDICH FAMILY RESOURCE CENTER**

Harbor Area Early Intervention Council

P.O. Box 216

Harbor City, CA. 90710-0216

(310) 325-7288 VoiceMail

(310) 325-7288 FAX

The Family Resources Center is for families with special needs. Offers resource information and referrals, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Monthly parent education workshop. Serves Harbor City, Harbor Gateway, Lomita, San Pedro, Wilmington and Carson.

**CATHOLIC BIG BROTHERS, INC**

Region II/Pasadena

1000 E. Walnut Street, Suite 239

Pasadena, CA 91106

(626) 792-5678

Volunteer men are matched to single parent boys 7-14 and to fatherless girls ages 6-10. Programs are available for the hearing impaired. Serve Pasadena, West Covina, and Whittier. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**CATHOLIC BIG BROTHERS, INC**

Region IV/West Los Angeles

5521 Grosvenor Blvd., Suite 22

Los Angeles, CA 90065

(310)305-1068

Volunteer men are matched to single parent boys ages 7-14 yrs and to fatherless girls ages 6-10 yrs. Programs are available for the hearing impaired throughout L.A. County. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. and by appointment. Staff speak Spanish. Services are free.

**CATHOLIC BIG BROTHERS, INC**

Central Office

3300 W. Temple Street

Los Angeles, CA 90026

(213)251-9800

(800)251-9855 FAX

Volunteers are matched to single parent youth ages 6-14 throughout L.A. County. Programs are available for the hearing impaired. Staff speak Spanish. Services are free.

**CATHOLIC BIG BROTHERS, INC**

Region I/Van Nuys

8134 Van Nuys Blvd., Suite 304

Panorama City, CA 91405

(818) 908-5041

(213) 251-9855 FAX

Volunteers are matched to single parent youth ages 6-14 throughout Los Angeles County. Programs are available for the hearing impaired. Call for details. Staff speaks Spanish. Services are free.

**CEDAR HOUSE**

4565 California

Long Beach, CA 90813

(562) 422-8472

Provides treatment and prevention of child abuse for primary age 12 and below, emergency transportation, food and clothing for program families. Classes are held Tuesdays, Noon to 1:30 p.m. and 6:30 p.m. to 8:00 p.m. in English and Spanish, the fee is \$20.00.

**CENTRO DE NINOS**

4850 Caesar Chavez Blvd.  
Los Angeles, CA 90022  
(323)268-4600  
(323)526-9068 FAX

Offers child care for children from 3 months to 5 years of age. Staff speak Spanish. Sliding fee scale.

**CENTRO DE NINOS**

379 S. Loma Drive  
Los Angeles, CA 90017  
(213)484-1515  
(213)484-0880 FAX  
4850 Caesar Chavez Blvd.  
Los Angeles, CA 90022  
(323) 268-4600  
(323) 526-9068 FAX

Provides child care and development services for the working poor, child abuse prevention program, parent education. Angeles and the Pico Union area. **OFFICE HOURS:** Monday thru Friday 7:00 a.m. to 5:30 p.m. Serves East Los Angeles. Spanish spoken. Sliding fee scale.

**CHILD & FAMILY SERVICES**

Child Care Resource & Referral  
155 N. Occidental Blvd.  
Los Angeles, CA 90026  
(213) 427-2700

Offers child care resource and free referrals to all types of child care . Also offers child care food program for family child care providers. Subsidized child care information and assistance is available to parents with qualifying needs, such as low income, child abuse, and AFDC/TANF child care program. Referral line open Monday thru Thursday, 9:00 a.m. to 3:30 p.m. and Friday 9:00 a.m. to 1:00 p.m. Special needs, early intervention home visit program and a professional consultant network with L.A.U.S.D. Also manages a state, county and city funded preschool in West Hollywood. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish.

**CHILDREN'S BUREAU OF SO CALIF**

El Monte Office  
3030 Tyler Ave.  
El Monte, CA 91731  
(626) 575-5897  
(626) 575-7435 FAX

The Children's Bureau is a nonprofit multi-service child welfare agency providing the following services: child abuse crisis intervention, in-home and office based counseling, child respite care. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish.

**CHILDREN'S BUREAU OF SOUTHERN CALIFORNIA**

Centinela Valley Office  
610 N. Eucalyptus Ave.  
Inglewood, CA 90302  
(310)673-7830  
(310)673-5619 FAX

Multi-service child welfare agency provides crisis intervention, in-home and office counseling, child respite care, parent education, foster parent certification. Serves L.A. County. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

### **CHILDREN'S BUREAU OF SOUTHERN CALIFORNIA**

Antelope Valley Office  
1529 E. Palmdale Blvd., Suite 210  
Palmdale, CA 93550  
(805) 272-9996  
(805) 272-0438 FAX

Offers a 12-Week parent education in English and Spanish, ongoing Parenting Anonymous support group, plus in-home parenting training, counseling and support for pregnant teens. High school program offered in Spanish & English. Foster care program offers recruitment, training and supervision of foster families. Also family reunification services. Serves Antelope Valley, and part of Kern County. Walk-in or call. Two month waiting period for in-home services. Services are free. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m.

### **CHILDREN'S BUREAU OF SOUTHERN CALIFORNIA**

Corporate Office  
3910 Oakwood Ave.  
Los Angeles, CA 90004  
(323)953-7356  
(323)661-7306 FAX

Non-profit multi-service child welfare agency providing foster care, child abuse crisis intervention & treatment, in-home & office based counseling, parent education, foster parent certification.. Serves: Los Angeles and Orange Counties. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

### **CHILDREN'S INSTITUTE INTERNATIONAL**

South County Facility  
21810 Normandie Ave.  
Torrance, CA 90502  
(310)783-4677  
(310)783-4676 FAX

Multi-service child welfare agency with specialized treatment programs by age and Assessment Center for birth to age 10 include: medical exams, dev assessment for at risk children, cases management by social work staff, referral to parent support services. Partner Foster Family program, for birth to ages 8, has ongoing training to foster parents. Therapeutic Day Care is for age 6 weeks to 5 yrs, parent participation in outpatient treatment programs. Family Care Center offers family preservation treatment services through multilingual, multi cultural staff. Individual, family and group counseling and parent education classes, also provide to children exposed prenatally to drugs, 12-step drug and alcohol recovery program, specialized treatment program for child sexual abuse victims and their families, as well as, children ages 4-12 who molest other children, and in-home services to families. Comprehensive social service delivery system to meet the needs of the children and families referred by the Dept. of Children and Family Services. Serves L.A. County. Also call (213)385-5100. **OFFICE HOURS::** Monday thru Friday 8:30 a.m. to 5:00 p.m.

### **CHINATOWN SERVICE CENTER**

Counseling Program  
600 N. Broadway, Suite A  
Los Angeles, CA 90012  
(213)253-0870  
(213)680-9427 FAX

Nonprofit individual, group, family, marital and intergenerational counseling to children, youth, adults and seniors. Services include child abuse and neglect, parenting education, batterers treatment, domestic violence for low income clients in L.A. area. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:30 p.m., Saturday 8:30 a.m. to 12:30 p.m., by appointment. Staff speak Cantonese, Mandarin. Most services are free.



**CHOICES**

Urban Revitalization Dev Crop  
1460 N. Lake Ave., Suite 107  
Pasadena, CA 91104  
(626) 398-3796  
(626) 398-3895 FAX

Perinatal substance abuse treatment program, provides day treatment and outpatient services to pregnant and parenting women with a history of substance abuse and their children. Services include individual and group counseling, an array of group services, early intervention and child care on site for children, random drug testing, transportation, etc. Serves San Gabriel Valley, Highland Park, El Sereno, and Glendale.

**CLAREMONT ADULT SCHOOL**

2475 N. Forbes Avenue  
Claremont, CA 91711  
(909) 624-6402  
(909) 625-5109 FAX

Offers parent education. Located near bus route. Must be 18 years of age to participate. Serves: Claremont, Pomona, Montclair, San Dimas, La Verne and Upland. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 5:00 p.m., Friday 8:00 a.m. to 12:30 p.m., and 1:30 p.m. to 4:00 p.m.

**COMMUNITY YOUTH SPORTS & ARTS**

4828 Crenshaw Blvd.  
Los Angeles, CA 90043  
(323) 294-0020 (24 hour line)  
(323) 294-7440 FAX

Offers a parenting course for adults, counseling referral and consultation. Admission requirements for some programs, a utility bill, income verification. Serves Crenshaw Corridor, South Central L.A. Call for details. Free continuation school, parenting class, group and individual counseling. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**COMMUNITY GUIDANCE/CRISIS CENTER**

Temple Beth Hillel  
12326 Riverside Drive  
North Hollywood, CA 91607  
(818) 762-4817

The Center is a nonprofit mental health service offering individual counseling and support groups. Assist with solving problems raising children, teens having problems coping with life. Counseling Center is located at Temple Beth Hillel. Services open to all community members regardless of race or religion. Sliding fee scale based on ability to pay

**COMMUNITY HEALTH FOUNDATION OF EAST LOS ANGELES**

1904 Bailey Street  
Los Angeles, CA 90033  
(213) 480-6346

Provides parenting classes and other services available. For information please contact Evette Herrera, Program Manager.

**DIDI HIRSCH COMMUNITY MENTAL HEALTH**

Mental Health/Counseling  
4760 S. Sepulveda Blvd.  
Culver City, CA 90230  
(310)390-6612  
(310)398-5690 FAX

Provides a full range of mental health programs including crisis intervention. Counseling for children, families and older adults, day treatment program for adults, parent educ. programs, treatment of victims of child abuse with group and individual counseling. . Serves Culver City, Venice, Marina Del Rey and Mar Vista. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m., evenings by appointment. Full time staff speak Spanish. Accepts Medi-Cal, private insurance. Sliding fee scale. No one turned away due to lack of funds

**DIDI HIRSCH COMMUNITY MENTAL HEALTH**

Mental Health/Counseling  
4760 S. Sepulveda Blvd.  
Culver City, CA 90230  
(310)390-6612  
(310)398-5690 FAX

Provides a full range of mental health programs including crisis intervention. Counseling for children, families and older adults, day treatment program for adults, parent educ. programs, treatment of victims of child abuse with group and individual counseling. . Serves: Culver City, Venice, Marina Del Rey and Mar Vista. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m., evenings by appointment. Full time staff speak Spanish. Accepts Medi-Cal, private insurance. Sliding fee scale. No one turned away due to lack of funds.

**DIDI HIRSCH COMMUNITY MENTAL HEALTH**

Manchester Center  
1328 W. Manchester Ave.  
Los Angeles, CA 90044  
(323) 778-9593  
(323) 778-0028 FAX

Service sites provide comprehensive counseling services for individuals, couples and families. Parent & child communication, child abuse, teen parents, marital problems, single parenting, anxiety, stress, depression, support groups, parenting education, victim witness, domestic violence prevention. Serves South Central L.A.. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 8:00 p.m. Full time staff speak Spanish. Sliding fee scale starting at \$30.

**DIDI HIRSCH COMMUNITY MENTAL HEALTH**

Familias Unidas  
501 Shatto Place  
Los Angeles, CA 90005  
(213) 381-3626

Provides parenting education, and support groups. Serves L.os Angeles County.

**OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 8:00 p.m, Saturday by appointment. Staff speak Spanish. Sliding fee scale starts at \$15.

**DREW CHILD DEVELOPMENT CORPORATION**

Child Abuse Program  
1770 E. 118th Street  
(323) 249-2963  
(323) 249-2970 FAX

Non-profit agency that provides intake, assessments, individual, family and group counseling (including play therapy and crisis intervention), parent education groups, in home counseling, respite care, home teaching and demonstration. Admission Requirements: Children and adolescents who have ben abused or neglected or are at a high risk. Serves South Central L.A. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

**EARLY CHILDHOOD CENTER (PIPS)**

Preschool & Infant Parenting Service  
8730 Alden Drive, Room E 103  
(310) 855-3500 (Warmline)  
(310) 967-0631 FAX

Refer parents to parenting groups which meet their special needs. Services are for infants, toddlers, children, age 0-6 years. Groups run for 12 months. Sponsored by Cedar Sinai Hospital Administrative Office (310) 855-3576.

**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**EDUCATIONAL PSYCHOLOGY CLINIC**

Calif State University, Long Beach  
1250 Bellflower Blvd.  
Long Beach, CA 90840  
(562)985-4991

Individual counseling for children 7-17 yrs. Counselors are graduate students under the supervision of faculty in College of Education. Also individual psycho educational assessment and remediation for children 7-17 yrs. Parent education offered concurrent with remediation. Children with identified learning disability preferred for remediation. **OFFICE HOURS:** by appointment only . No one turned away for lack of funds.

**EL NIDO FAMILY CTRS/ADMIN OFFICE**

Administrative Office  
500 Shatto Place, Suite 425  
Los Angeles, CA 90020  
(213)384-1600  
(213)384-2757 FAX

No direct services provided at this location Family focuses child abuse prevention and treatment, parenting education, delinquency and drop out prevention, services for pregnant and parenting adolescents and their babies. Serves Pacoima, Mission Hills, Antelope Valley, South Central L.A., Compton, Carson. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Sliding fee scale \$1 and up.

**EL NIDO FAMILY CENTERS/COMPTON**

Family Presentation Parenting Classes  
3201 N. Alameda, Suite H  
Compton, CA 90222  
(310) 605-5175  
(310) 605-0266 FAX  
**OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m.

**ELIZABETH HOUSE**

A Crisis Pregnancy Home  
P.O. Box 94077  
Pasadena, CA 91109-4077  
(626)577-4434  
(626)792-2790 FAX

Provides shelter, caring support and Christ centered encouragement for women ages 18 and older in crisis pregnancy and their children. Offers women assistance with food, shelter and clothing, comprehensive programs to help them regain stability, independence and a holistic program.. Serves: Southern California. 24 hr service.  
**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**EQUIPOISE RESOURCE & REFERRAL**

216 E. Bennett  
P.O. Box 5604  
Compton, CA 90224  
(310) 605-1777

Parenting classes in Spanish, Wednesday 10:00 a.m. to 12:00 p.m. in English, Monday 4:00 p.m. to 6:00 p.m. Serves Compton, Carson, Torrance, Paramount, South Gate, Lomita, Harbor City, and the Palos Verdes Peninsula.

**ERAS CENTER**

Parenting Resources  
10101 W. Jefferson Blvd.  
Culver City, CA 90232  
(310)838-1200  
(310)838-1860 FAX

Nonprofit agency providing a variety of programs and services. Counseling for adults, children and families, parent education., social skills groups for children ages 5-18 yrs, educational and psychological assessments, educational therapy, speech and language therapy, tutoring, enrichment therapies (art, music, dance and movement), in-home behavior intervention, hot line for advocacy & referrals. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:30 p.m., evening and Saturday appointments available. Sliding fee scale.

**EXCHANGE CLUB FAMILY SUPPORT CENTER**

11501 Dolan Ave.  
Downey, CA 90241  
(562) 904-9590  
(562) 904-9593 FAX

Supervised volunteer parent aides teach parenting and homemaker skills to high risk families with the goal of preventing child abuse, Offers parent education classes.

**FAMILIES CARING FOR FAMILIES**

Family Resource Center  
P.O. Box 368  
Lancaster, CA 93584  
(805) 949-1746

The Family Resource Center helps families access services for their children who are developmentally disabled, delayed, at risk of delay, physically disabled, learning delayed, emotionally delayed and/or medically fragile. Program assist children of all ages. Services include information, referral, transportation if eligible, parent support including parent to parent support, service coordination, advocacy, clothing, toys, and equipment share program, library and more. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 pm

**FAMILY SERVICE OF BURBANK**

2013 W. Magnolia Blvd.  
Burbank, CA 91506  
(626) 845-7671  
(800) 841-3261 FAX

Professional counseling for families, children, teens, single adults and couples. Court approved parenting classes in English and Spanish. Support groups for children and parents. Group for adults: women, men, counseling, for Tourette Syndrome. Serves the Burbank area. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m. Saturday 9:00 a.m. to 4:00 p.m. Sliding fee scale \$20 and up.

**FAMILY COUNSELING SERVICE**

West San Gabriel Valley  
314 E. Mission Drive  
San Gabriel, CA 91776  
(626) 285-2139

Providing family, individual, group, child, adolescent counseling, child abuse treatment, substance abuse prevention, Asian Outreach, parent training, and pregnant teens, teen moms. All services provided are multi-cultural and multi-lingual. There may be a 2 week waiting period depending on services requested. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m. and Saturday 9:00 a.m. to 2:00 p.m. Staff speak Spanish, Chinese. Sliding fee scale \$10-95 based on income and family size.

**FAMILY RESOURCE CENTER/HARBOR**

21231 Hawthorne Blvd.  
Torrance, CA 90603  
(310) 543-0691  
(310) 316-8843 FAX

Offers families with special needs resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves Herrnosa Beach, Manhattan Beach, Redondo Beach, Palos Verdes, Torrance, Long Beach, Harbor area, Southeast L.A. County. Call for information.. Networks with other Family Resource Centers in Long Beach, Harbor, Hawaiian Gardens and L.A. countrywide  
Services free

**FAMILY SERVICE OF SANTA MONICA**

1533 Euclid Street  
Santa Monica, CA 90404  
(310)451-9747  
(310)451-6106 FAX

Long term, short term and cognitive treatment for children, adults, families and couples. Groups include overcoming shyness for adults and children, parenting groups. Outreach to local schools. Teen pregnancy program through schools. Serves West L.A., Santa Monica, Venice. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 9 p.m., Friday 8:30 a.m. to 2:00 p.m., Saturday 8:30 a.m. to 2:00 p.m. Full time staff speak Spanish. Sliding scale \$20 and up, intake \$30.

**FAMILY SERVICES OF GLENDALE**

Therapy & Support Groups  
3436 N. Verdugo Road  
Glendale, CA 91208  
(818) 248-2286 24 Hour Line  
(818) 248-0087 FAX

Provides therapy and support groups which include: individual and group counseling for children, family, batterer's groups (court ordered and voluntary in both English and Armenian), domestic abuse support group, Parenting of Preadolescents, Parenting of Adolescents. Call for complete list of groups and meeting times. Serves Glendale, Montrose, La Crescenta, La Canada, and nearby areas. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 10:00 p.m. Friday 9:00 a.m. to 8:00 p.m. Saturday 9:00 a.m. to 5:00 p.m. Staff speak Spanish and Armenian. Parenting group \$10 per parent per session. Domestic Violence/Batterer's Groups sliding fee scale. Sliding/fee scale for most groups. Medicare and insurance accepted. Does not accept Medi-Cal.

**FAMILY FOCUS RESOURCE CENTER**

California State University-Northridge  
18111 Nordhoff Street  
Northridge, CA 91330-8265  
(818) 677-5575  
(818) 677-5574 FAX

E-mail family.focus@csun.edu

The Family Resource Center provides services for families with special needs. Offers resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Serves San Fernando, Santa Clarita Valley. Call for information. **OFFICE HOURS:** by appointment only 8:00 a.m. to 4:00 p.m. Monday thru Friday Full time spanish speaking staff. Services are free.

### **FIVE STAR COUNSELING AND EDUCATION**

12444 Victory Blvd., #100  
North Hollywood, CA 91606  
(818) 763-6615

Provides comprehensive services to parents of children from birth to seven years. The program addresses issues relative to child abuse and neglect referrals from Department of Children Services. English speaking classes are held from 7:00 p.m. to 8:00 p.m. for a fee of \$20.00.

### **FOOTHILL FAMILY SERVICE**

118 S. Oak Knoll Ave.  
Pasadena, CA 91101  
(626) 795-6907

Provides parenting classes using the STEP Model, for parents and others who want a better communications with children. Classes are conducted in Pasadena and West Covina in English and Spanish, and may be available in Armenian, Korean, Cantonese and Mandarin. There is a \$5.00 fee for each session.

### **FOOTHILL FAMILY SERVICE**

Teen Family & Clinical Services  
1720 W. Carson Ave., Suite 100  
West Covina, CA 91791  
(626) 338-9200  
(626) 856-1560 FAX

Pregnant and parenting teen services, child abuse treatment, individual and family counseling. At risk youth counseling. Serves San Gabriel Valley. **OFFICE HOURS:** Monday thru Wednesday 8:30 a.m. to 6:00 p.m., Tuesday and Thursday 8:30 a.m. to 9:00 p.m., Friday 8:30 a.m. to 5:00 p.m.

### **FRIENDS OF THE FAMILY/YOUNG MOMS**

Young Moms Program  
14522 Kittridge Ave.  
Van Nuys, CA 91342  
(818) 988-4430 (24 hrs)  
(818) 988-4633 FAX

Information and support program for young mothers between the ages of 15-25 yrs. Moms meet once a week to share experiences and enhance parenting abilities. Group meetings are facilitated by trained volunteers, women who were once teen mothers themselves. Transportation, meals, and child care are provided for eligible participants. Serves San Fernando Valley. **OFFICE HOURS:** Monday thru Thursday 9:00 p.m, Tuesday and Wednesday 9:00 a.m. to 10:00 p.m., Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 3:00 p.m. Sliding fee scale for counseling only. Some services are free.

### **GLEN ROBERTS CHILD STUDY CENTER**

1530 E. Colorado Blvd.  
Glendale, CA 91205  
(818) 244-0222  
(818) 243-5413 FAX

Glen Roberts Child Study Center is a nonprofit center providing individual and group child therapy and parent education. Services are provided for children, adolescents and their families. Serves Glendale and surrounding area. **OFFICE HOURS:** Monday thru Friday 10:00 a.m. to 6:00 p.m., Saturday 10:00 a.m. to 1:00 p.m. Accepts Medi-Cal. Sliding fee scale based on income.

### **GRANDPARENTS AS PARENTS**

P.O. Box 964  
Lakewood, CA 90714  
(562) 924-3996 (Voicemail)

Support groups for grandparents who are raising their grandchildren. Educates relative care givers on their rights and responsibilities. Provides information and referrals.

### **GREAT BEGINNINGS FOR BLACK BABIES**

3860 Crenshaw Blvd.

Los Angeles, CA 90008

(213) 295-9993 or (213) 295-0789

Provides parenting classes and other services. For information contact Evette Herrera, Program Manager.

### **HARBOR UCLA/REI-WIC**

2930 West Martin Luther King Blvd.

Inglewood, Ca 90309

(213) 757-7244

(213) 779-1190 FAX

Provides parenting classes and other services.

### **HATHAWAY CHILDREN FAMILIES SERVICES**

Family Resource Center

840 N. Ave 66

Los Angeles, CA 90042

(323)257-9600

Provides support services to families and children which includes family, individual and group counseling, parent & student support groups, parent education, after school activities and tutoring, family art and drama activities, food, clothing, toy banks, school based conflict resolution and self esteem groups, ESL classes, day care and health education. Services are preventive as well as treatment oriented and are targeted at families with young children. Programs are in English & Spanish.. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., occasional weekend programs. Services are free or accept Medi-Cal.

### **HELPLINE YOUTH COUNSELING**

Outreach Office

1133 Rhea Street

Long Beach,CA 90806

(562) 599-2244

(562) 864-4596 FAX

Provides youth and family counseling, focus on delinquency prevention and treatment programs, parenting classes, on-campus youth counseling and activities for youth ages 8-18 years., Serves Long Beach. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 5:00 p.m. Friday 9:00 a.m. to 3:00 p.m. Sliding fee scale, no one turned away for lack of funds.

### **HELPLINE YOUTH COUNSELING**

Administrative Office

12440 E. Firestone Blvd., Suite 1000

Norwalk,CA 90650

(562) 864-3722

(562) 864-4596 FAX

Provides youth and family counseling, focus on delinquency prevention, child abuse and neglect and treatment programs for youth ages 0-18 yrs, parenting classes, and activities for youth. Serves Whittier to Long Beach and nearby areas. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 3:00 p.m., Friday 9:00 am. To 5:00 pm.

### **HIGH RISK INFANT CHILD/FAMILY**

California State University - L.A.

5151 State University Drive

Los Angeles, CA 90032-8960

(323) 343-4412

Provides in-home support, education, nutritional and developmental evaluation and health assessment of high risk infants and parents. Newsletter, educational materials geared to wide range of reading abilities. These services are provided for high risk infants referred by hospitals, social workers, nurses, parents, and other professionals. Serves San Gabriel, Pomona Valleys. Call for details and appointment. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish, Chinese, services in sign language also available. Services are free

**HOME-SAFE CHILDCARE**

6720 Melrose Ave., 2nd Floor  
Los Angeles, CA 90038  
(323) 934-7979

Provides in-home counseling, parent education and child development activities for families with children 0-5 years. To participate in the program a child must be a child at risk of child abuse and neglect. Serves Part of Supervisorial District 11 & 111, North to Mulholland, West to 405, East to Alameda, South to Century, includes Civic Center. Call for details. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish. Services are free.

**HUMAN SERVICES ASSOCIATION**

6800 E. Florence Ave.  
Bell Gardens, CA 90201  
(562) 806-5400  
(562) 806-5394 FAX

Human Services Association is a multipurpose community center serving children, adults, and families in Southeast Los Angeles County. It offers counseling, emergency assistance and in-home employment. It's Family Services Department provides individual and group counseling, parenting classes and teen pregnancy prevention programs. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m.

**IMMANUEL UNITED CHURCH OF CHRIST**

1785 E. 85th Street  
Los Angeles, CA 90001  
(323) 234-3633

The Church sponsors a youth group, open gym, homework help for school age children, youth basketball team, Head Start program, pastoral counseling. Also offered are parenting classes. Emergency food, clothing are available. Thrift shop on the premises, donations are welcome. Serves South Central and Southeast Los Angeles. **OFFICE HOURS:** Sunday thru Thursday 10:00 a.m. to 6:00 p.m. Staff speak Spanish and Samoan. Services are free, donations welcome.

**INGLEWOOD FAMILY CARE CENTER**

1757 W. Century Blvd., Ste. 500  
3940 2nd Ave.  
4828 Crenshaw Blvd.  
822 E. 20th Street

Individual and group counseling. Psychological testing and psychiatric assessment. Child abuse prevention and treatment, children of all ages, parenting classes, drug abuse counseling, sexual abuse treatment and program for sex offenders. Free parenting classes. Medical and pregnancy counseling, nutrition for adolescents. Serves Los Angeles County. Mobile Unit make visits throughout Southern California. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., call for appointment, evening appointments available. Accepts Medi-Cal. Sliding fee scale.

**INSTITUTE/PROFESSIONAL PARENTING**

15335 Morrison St., Suite 100-C  
Sherman Oaks, CA 91403  
(805)294-8477

Non-profit agency providing counseling, parenting and self parenting classes dealing with the origins of behavior. Licensed psychotherapists and supervised peer counselor educators knowledgeable in family systems and the long range probable effects of all types of parenting, relationship skills and domestic violence classes available. Private and group in-office; private in-home available. Work with people ordered by the court system to take counseling and/or parenting classes because of abuse, divorce, separation and parents who are self motivated seeking guidance. Classes offered at 3 locations: Bentwood, Sherman Oaks and Santa Clarita. **OFFICE HOURS:** Monday thru Friday 12:00 p.m. to 7:00 p.m.. Sliding scale \$10 and up.



**INSTITUTE FOR BLACK PARENTING**

Foster Care Program Manager  
9920 La Canoga Blvd., Suite 806  
Inglewood, CA 90301  
(800)367-8858  
(310)215-3325 FAX

Adoption, foster care and family preservation agency . Specializes in family reunification, recruitment, and training of loving families for black children. Agency specializes in minority populations, but services are open to all ethnic groups. Serves L.A., Orange, San Bernardino, Riverside Counties. **OFFICE HOURS:**Monday thru Friday 8:00 a.m. to 5:00 p.m.. No fee for services. Satellite office at 3233 Arlington Ave., Ste 105, Riverside, CA 92506. Also provide Latino Family Institute that specializes in adoption and foster care services for Latino children. Call (310) 384-1400 or (909) 782-2800 for further information.

**INTERCOMMUNITY CHILD GUIDANCE CENTER**

8106 Broadway Ave.  
Whittier, CA 90606  
(562) 692-0383  
(562) 692-0380 FAX

Provides counseling services for emotional disturbed children, adolescents and their families (e.g. serious behavior and school problems, substance abusing adolescents, abused children, suicide children). Free parenting classes. Serves Whittier, Pico Rivera, Santa Fe Spring, La Habra Heights and La Mirada. Call for details. WAIT: 4-6 week, unless emergency. **OFFICE HOURS:** Monday and Friday 8:00 a.m. to 5:00 p.m., Tuesday and Wednesday, 8:00 a.m. to 7:00 p.m. Staff speak Spanish Sliding fee scale, accepts Medi-Cal.

**INTERNATIONAL INSTITUTE OF L.A./ ALISO PICO**

Aliso Pico Multipurpose Center  
1505 E. 1st Street  
Los Angeles, CA 90033  
(323)268-3231  
(323)268-3234 FAX

Teen pregnancy prevention program for youth 10-18 yrs. Parenting classes in Spanish. Case management for "at risk youth" referred by L.A.P.D. Support group for parents, citizenship classes, guitar and art classes for youth 10-14 yrs. Distribution of bus tokens and Taxi vouchers. Nutrition program for seniors, small child tutorial program. Serves Los Angeles and nearby areas. **OFFICE HOURS:** Monday and Friday 8:30 a.m. to 5:00 p.m., Tuesday, Wednesday, Thursday 8:30 a.m. to 8:00 p.m. Staff speaks Spanish. No cost for services.

**JEWISH BIG BROTHERS ASSOCIATION**

Bernard Milken Jewish Community Campus  
22622 Vanowen Street, 2nd Floor  
West Hills, CA 91307  
(818) 464-3260  
(818) 464-3364 FAX

Provides parent-child counseling, Big Brother matches, Camp Max Straus. Counseling and Big Brother matches are sectarian, camp is nonsectarian. Call for details. Sliding fee scale.

**JEWISH BIG BROTHERS ASSN**

Administrative Office  
5700 Wilshire Blvd., Suite 1215  
Los Angeles, CA 90036  
(323)761-8675  
(323)761-8695

Serves Jewish single parent children, 6-18 years, pairing them with adult male role models. Parent and child counseling also available. Serves Los Angeles., San Fernando Valley, San Gabriel, South Bay, West Los Angeles. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 5:00 p.m., some evening hours are available. Full time staff speak Russian. Sliding fee scale for counseling

**JEWISH FAMILY SERVICES/SOUTH BAY**

Southern Region  
22410 Palos Verdes Blvd.  
Torrance, CA 90505  
(310) 540-6646  
(310) 540-1026 FAX

Provides individual, couple, family counseling, crisis, short term and long term therapy, bereavement groups, relationship support group, programs for families going through separation and divorce, programs for single parents, women's support group, 10-week parenting education and support group, information and referrals. Advocacy, food bank, and holiday programs. There is a 4 WAIT: up to 4 weeks. Serves South Bay. Call for appointment. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 8:30 p.m. Sliding fee scale for counseling from \$25-\$90.

**JEWISH BIG BROTHERS ASSOCIATION**

11340 W. Olympic Blvd., Suite 330  
Los Angeles, CA 90064  
(323)761-8675

Parent-child counseling, Big Brother match, plus Camp Max Straus..Admission requirement for Big Brother Program must be a Jewish family, camp is nonsectarian. Call for details Sliding fee scale.

**JOINT EFFORTS**

505 5. Pacific Ave., Suite 205  
San Pedro, CA 90731  
(310) 831-2358  
(310) 831-2356 FAX

Parental and family counseling for CITA 6 residents. Family preservation for clients only. Serves Long Beach, San Pedro, Wilmington, Carson, Lomita, Harbor City. Staff speak Spanish. **OFFICE HOURS:** Monday thru Thursday 8:30 a.m. to 5:30 .pm., Friday 8:30 a.m. to 5:00 p.m.

**KOCH/YOUNG FAMILY RESOURCE CENTER**

Frank D. Lanterman Regional Center  
3440 Wiltshire Blvd., Suite 400  
Los Angeles, CA 90010  
(800) 546-3676 Helpline  
(213) 427-2381 FAX

The Family Resource Center is for people with developmental disabilities. It offers resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, share programs are also available. Serves Burbank, Central Los Angeles, Eagle Rock, Glendale, Hollywood, Wiltshire corridor, La Canada, La Crescenta, Los Feliz, Pasadena. Services are free.

**L.A. COUNTY CHILDHOOD LEAD POISONING**

Childhood Lead Poisoning Prevention Program  
510 S. Vermont Ave., Rm 201  
Los Angeles, CA 90020  
(800)524-5323  
(800)LA-4-Lead

County health education program with a goal of preventing childhood lead poisoning. Info and referral, info packets about lead poisoning. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Information available in Chinese, English, Korean, Spanish, Tagalog and Vietnamese.

### **L.A. COUNTY PUBLIC SOCIAL SERVICES/TOY LOAN**

Toy Loan Program  
2615 S. Grand Ave., 2nd Floor  
Los Angeles, CA 90031  
(323)226-6286  
(323)743-9998

The Toy Loan program is designed to build character, integrity and a sense of responsibility in children. Toys are loaned freely; nether and fines nor membership dues required. It provides the opportunity for work experience for many welfare recipients who repair toys for the Toy Loan Program. ADM REQ: parents must approve child's membership. **OFFICE HOURS:** Monday thru Friday 7:30 a.m. to 5:00 p.m.

### **L.A. COUNTY OFFICE OF EDUCATION**

Staff Development Programs  
9300 Imperial Highway  
Downey, CA 90242  
(562)922-6111  
(562)922-6768

Information, available resources, staff development for grades K-12 in L.A. County. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Call for details.

### **LOS ANGELES COUNTY OFFICE OF EDUCATION**

Head Start-Family Service Component  
6801 S. Western Ave.  
(800) 823-1230  
(213) 750-0705 FAX

Family service component uses a case management approach, in hope of enhancing the existing Head Start programs. The comprehensive services are designed to promote family literacy, family wellness and meaningful employment. Additional services include: Parenting skills support, clothing, Teacher's Assistant training and hospitality service. **OFFICE HOURS:** 9:00 a.m. to 5:00 p.m.

### **LOS ANGELES COUNTY CHILDREN & FAMILY SERVICES**

Latino Family Preservation Project  
2501 Davidson Drive  
Monterey Park, CA 91754  
(800)540-4000 (Hotline)  
(323)260-3120 FAX

Program objective is to protect children, prevent placement out of the home and strengthen the families. A comprehensive community based approach to empower families by providing essential support and services. The East L.A. area was selected due to its high concentration of Latino Families involved in the dependency court system. Services offered include: counseling, parent training, crisis intervention, in-home supportive services and advocacy, as well as, coordination of community resources.. Must be referred by L.A. County Department of Children & Family Services Hotline. Serves: East L.A., Boyle Heights. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 6:00 p.m., flexible, based on needs of the family. Full time staff speak Spanish.

### **LA LECHE LEAGUE/ANTELOPE VALLEY**

(805) 945-3150 24 Hour Line

### **LA LECHE LEAGUE/S.F. VALLEY**

(818) 377-4474

### **LA CASA COMMUNITY CENTER**

203 E. Mission Drive  
San Gabriel, CA 91776  
(626) 286-2144  
(626) 286-4307 FAX

Bilingual preschool, parenting classes and informal counseling. Services for Hispanic, Native Americans and other low income, immigrant and underemployed groups. Serves: West San Gabriel Valley. Tribal headquarters for Gabrielino and Tongva Indians. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 8:00 p.m. Services free, except preschool.

**LA CLINICA DEL PUEBLO**

1547 N Avalon Blvd.  
Wilmington, CA 90744  
(310) 830-0100  
(310) 830-0187 FAX

Provides group and individual sessions, anger management group, parenting classes, high risk youth counseling, children's services referrals. Must be a Los Angeles County resident to participate in program. Serves Harbor area. Call for appointment. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 6:00 p.m. Staff speak Spanish. Sliding fee scale.

**LATIN AMERICAN PROFESSIONAL WOMEN**

3514 N. Broadway  
Los Angeles, CA 90031  
(323)227-9060

Mutual support group for Latin women working to enrich themselves vocationally, educationally and culturally. Provide seminars and a Little Sister program of mentor ships plus children at risk programs. Serves: L.A. County. **OFFICE HOURS::** Tuesday ,Thursday 2:00 p.m. to 6:00 p.m., Saturday 11:00 a.m. to 3:00 p.m. Services are free.

**LATINO RESOURCE ORGANIZATION**

610 California Ave.  
Venice, CA 90291  
(310)578-6069

Case management, resource, referral info, AIDS/HIV educ., senior services, immigration services, substance abuse teen theater, food distribution program. tutoring programs for youth, parent educ. classes, radio community education forums, a special cultural events throughout the year Serves low income minority populations in the Greater West LA. and Santa Monica. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish. Sliding fee scale.

**LONG BEACH FAMILY RESOURCE CENTER**

Miller Children Hospital  
2801 Atlantic Ave., 2nd Floor  
Long Beach, CA 90801  
(562) 933-8050  
(562) 933-8430 FAX

The Family Resource Center serves families with special needs. Services offered include: information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library. Serves Lakewood, Long Beach, and Signal Hill. Call for information. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m. Services are free.

**LOS ANGELES COUNTY OFFICE OF EDUCATION/EASTERN COUNTY**

Start-Family Services Component  
509 W. 29th Street  
Los Angeles, CA 90007  
(800) 493-2121

Federal program to help Head Start families solve problems of illiteracy, English language usage, drug abuse, employment readiness and placement. Also provides parenting skills support and legal assistance. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m.

### **LOS ANGELES COUNTY OFFICE OF EDUCATION, WESTERN COUNTY**

Regionalist Family Services  
509 W. 29th Street  
Los Angeles, CA 90007  
(800) 493-2121

This is a federal program to help Head Start families solve programs of illiteracy, English language usage, drug abuse, employment readiness and placement. Additional services include parenting skills support and legal assistance. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m.

### **LOS ANGELES COUNTY+UNIVERSITY OF SOUTHERN CALIFORNIA MEDICAL CENTER**

1200 North State Street  
Los Angeles, CA 90033  
(213) 226-3802

Provides: general parenting classes, Violence Intervention Program classes, Parenting for Non-Offending Parents of Child Sexual Abuse Victims. Weekly classes, no waiting. All classes provided in English and Spanish. General Parenting classes for parents of current or past pediatric inpatients and for parents in whose families violence is an issue.

### **LOVING YOUR DISABLED CHILD**

Family Resource Center  
4715 Crenshaw Blvd.  
Los Angeles, CA 90043  
(323) 299-2925  
(323) 299-4373 FAX

The Family Resource Center is for families with special needs. They offers resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs. Serves South Central L.A., Southwest L.A., Southeast L.A. Call for information. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Services are free.

### **LUTHERAN SOCIAL SERVICES/LONG BEACH**

Hispanic Outreach Project  
1611 Pine Ave.  
Long Beach, CA 90813  
(562) 599-1321

Provides emergency assistance with food and clothing on site, literacy training, case work and referrals to community agencies. Educational programs on a variety of topics including parenting. Walk-ins accepted.

**OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 4:00 p.m., client intake from 10:00 a.m. to 2:00 p.m. Staff speak Spanish.

### **MA HAR HOUSE COMMUNITY CENTER**

Catholic Charities  
1115 Mahar Ave.  
Wilmington, CA 90744  
(310) 834-7265  
(310) 834-8813 FAX

Offers activities for school aged children and young adults. Summer youth program, parent education classes, after school child care program, special holiday programs for children, Christmas toy giveaway and family baskets.

Serves Wilmington. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to - 5:00 p.m. Spanish spoken. Services are free, except for after school child care.

**MAPLE COUNSELING CENTER**

9107 Wilshire Blvd., Lower Level  
Beverly Husky 90210  
(310)271-9999 (hrs)  
(310)247-4910 FAX

Provides individual, couple, family and group counseling for children over 5 yrs, adolescents, adults and seniors. Special programs include parenting classes, bereavement, HIV, women's sexual abuse and other support groups, multiple services to Beverly Hills schools, senior peer counseling. Serves L.A. Call for info. Sliding fee scale. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. 9:00 p.m., Friday 8:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 12:00 p.m..

**MARTIN LUTHER KING LEGACY ASSN.**

Project A.H.E.A.D.  
4182 S. Western Ave.  
Los Angeles, CA 90062  
(323) 290-4119  
(323) 295-7783 FAX

Community nonprofit association providing many services including: Project A.H.E.A.D. (Accelerating Home Education And Development) is a parenting component of the Los Angeles Unified School District's Project Ten Schools. Serves South Central Los Angeles. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Services are free.

**MATERNAL AND CHILD HEALTH ACCESS**

1010 S. Flower Street, Suite 404  
Los Angeles, CA 90015  
(213) 749-4261 OR (213) 745-1040

Provides parenting classes and other services. For information call Lynn Kersey, Program Manager.

**MAUD BOOTH FAMILY CENTER**

Volunteers of America  
11243 Kittridge Street  
North Hollywood, CA 91606  
(818) 980-2287  
(818) 980-7639 FAX

Provides comprehensive services for families with children 0-11 years which include: health, mental health, nutrition, parent involvement, social services and advocacy. Child care is available Monday thru Friday 6:30 a.m. to 5:30 p.m. Hot breakfast and lunch are served. Information and referral for support services, parenting classes, and activities. Call for details. Sponsors Head Start Programs in North Hollywood, Tujunga, Sun Valley and Sunland. Serves North Hollywood. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:30 p.m. Staff speak Spanish.

**MISSION CITY COMMUNITY NETWORK**

15206 Parthenia St.  
North Hills, CA 91343  
(818) 895-3100 or (818) 893-9464

Provides parenting classes and other services. For information contact Juanita Arvizu, Program Manager.

**MONROVIA UNIFIED SCHOOL DISTRICT**

Monrovia Adult School  
845 W. Colorado Blvd.  
Monrovia, CA 91016  
(626) 359-2507  
(626) 358-3715 FAX

Provides parenting education. Serves: San Gabriel Valley area. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 3:00 p.m., Monday thru Thursday 6:00 p.m. to 10:00 p.m. Staff speak Spanish.

**MOTHERNET L.A.**

1324 W. Rosecrans Blvd.  
Compton, CA 90222  
(310) 632-3353  
(310) 537-8511 FAX

Provides Compton and surrounding South Central Los Angeles with free home visiting services for pregnant women and their families. Trained home visitors provide one on one mentoring, support, education and transportation to their clients. Family resources center provides health education classes and linkage to necessary services. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish. Sliding fee scale.

**NATIONAL COUNCIL ON ALCOHOL/DRUG DSP**

South Bay Area  
1334 Post Ave.  
Torrance, CA 90501  
(310) 326-1460  
(310) 328-1964 FAX

Provides information and referral services and parenting skills classes. Self-help meetings, domestic violence program for batterers, family preservation program. Serves South Bay, Harbor, Long Beach, Westchester. Call or walk-in. **OFFICE HOURS:** 8:30 a.m. to 5:15 p.m. Staff speak Spanish. Services are free or on a sliding fee scale.

**NEIGHBORHOOD FAMILY CENTER**

16010 Crenshaw Blvd., #N  
Gardena, CA 90249  
(310) 324-0444

Provides 10 week sessions on Thursday, from 6:30 p.m. in Gardena and a 52 week session program on Tuesdays, from 10:00 a.m. covering parent skills for ages of children 0 - adolescent in English and Spanish.

**NEW DIRECTIONS FOR YOUTH**

7400 Van Nuys Blvd., Suite 203  
Van Nuys, CA 91405  
(818) 375-1000  
(818) 787-4389 FAX

New Directions offers counseling, parenting classes, assessment and referral, outreach in schools. Serves San Fernando Valley. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Staff speak Spanish. Services are free.

**NEW HORIZONS**

714 S. Glendale Ave.  
Glendale, CA 91205  
(818) 545-9848

New Horizons is a nonprofit group providing family, individual, couples and child counseling. Offers domestic violence classes, a gang prevention program, juvenile diversion counseling, and parent education classes. Psychological evaluation and testing on premises. Serves La Canada, Glendale, Pasadena, Sierra Madre, So Pasadena, Atwater, Glassell Park, Highland and Silver Lake. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 9:00 p.m. Friday and Saturday 9:00 a.m. to 5:00 p.m. Sliding fee scale starting at \$25.00 and up.

**OPTIONS/THE FAMILY CENTER**

1046 S. San Gabriel Blvd.  
San Gabriel, CA 91776  
(626) 967-5103  
(626) 331-1177 FAX

Provides individual and family counseling, support groups for non offending parents whose children are victims of sexual abuse, a support group for adolescent girls who have been sexually abused and anger management groups. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 6:00 p.m.

**OPTIONS/THE FAMILY CENTER**

Main Office

560 S. San Jose Ave.

Covina, CA 91723

(626) 967-5103 24 Hour Line

Provides comprehensive child abuse treatment and prevention services. Offers counseling, individual, family and child therapy and parenting groups. Adolescent girls therapy group (ages 13-15 yrs) and parent education. The outpatient 24-week group meets twice weekly, the fee is \$25 and up on a sliding scale. Serves: East Los Angeles, San Gabriel Valley, Pomona Valley, Whittier and nearby communities. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 3:00 p.m., Monday thru Thursday 6:00 p.m. to 10:00 p.m. Staff speak Spanish, Mandarin, Japanese. Sliding fee scale \$5-\$90 depending on program, will accept insurance and will assist qualified victims of crime apply to State's program for compensation. Medi-Cal accepted for drug abuse

**OPTIONS/THE FAMILY CENTER**

9150 Painter Ave., Suite 201

Whittier, CA 90602

(562) 693-0759

(562) 945-5915 FAX

Nonprofit center providing comprehensive child abuse treatment and prevention services, domestic violence and trauma due to crime victimization counseling, individual, adult and child therapy, couples and family therapy, parenting groups, adolescent girls therapy group (ages 13-16 yrs). In-home parenting education. Serves Whittier and surrounding communities. Staff speak Spanish, Mandarin, Japanese, Vietnamese and Hindi. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m., Saturday 9:00 a.m. to 12:00 noon. Sliding fee scale \$5-84, will accept insurance, will assist qualified victims of crime apply to State's program for compensation.

**OUR SAVIOR CENTER**

4368 Santa Anita Ave.

El Monte, CA 91731

(626) 579-2190 FAX/Phone

Educational Services: KIDSTIME for children ages 3.5-5 yrs and a parent; CHAP & RAP an after school program for kids ages 7-17 yrs;; and Parenting Classes for parents who need assistance in raising children who are "at risk" or "in crisis" (court referrals accepted). search parenting, call (626) 579-2190 after hours.

**PARENTS OF WATTS**

Working/Youth/Adults

10828 Lou Dillon Ave.

Los Angeles, CA 90059

(323) 566-7556

(323) 569-3982 FAX

Provides intervention and prevention activities. Counseling, vocational and educational support, job training referrals and parent education. **OFFICE HOURS:**Monday thru Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 12:00 p.m.

**PARENTS ANONYMOUS, INC.**

National & California Office

675 W. Foothill Blvd, Suite 220

Claremont, CA 91711

(909)621-6184

(909)625-6304 FAX

Offers support groups for parents concerned about the stress of parenting, anger and child abuse issues. All groups are professionally facilitated, free and confidential. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m.. Spanish available upon request. Services are free.

**PARTNERSHIP IN EARLY INTERVENTION**

Family Resource Centers

1000 Fremont Ave., Suite 2017

Alhambra, CA 91803

(626)300-9171

(626)300-9164 FAX



**PARTNERSHIP IN EARLY INTERVENTION**

Family Resource Centers  
13337 Lakeland Road  
Whittier, CA 90605  
(562) 906-1141

Provides information, training, parent to parent support for families who have children with special needs, referrals to local and national resources to meet the family's or child's individual needs including: doctors who accept Medi-Cal, infant programs, preschools, specialized equipment, therapy, transportation, information on special education and regional center rights and services. Serves West San Gabriel Valley and Southeast Los Angeles County. Walk-in or call. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 p.m. Staff speak Spanish.

**PASADENA MENTAL HEALTH CENTER**

1495 N. Lake Ave.  
Pasadena, CA 91104  
(626) 798-0907  
(626) 798-9043 FAX

Offers parent education classes in English and Spanish. Classes are offered 4-6 times a year. Court approved parenting classes offered in Spanish. Serves San Gabriel Valley area. Call for information. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 9:00 p.m., Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 1:00 p.m. Staff speak Spanish.

**PEDIATRIC PROJECTS, INC.**

P.O.Box 571555  
Tarzana, CA 91357  
(800)947-0947  
(818)705-3660 FAX

Distributes specialized medical toys, books that help children and families understand health care. Sample copy of "Pediatric Mental Health" is sent. Serves: U.S.A. Free home consultation on selecting items for children, parents, staff.

**PEOPLE WHO CARE YOUTH CENTER**

1500 W. Slauson Ave.  
Los Angeles, CA 90047  
(323) 778-8905  
(323) 778-9060 FAX

Youth & family counseling, parenting educ., youth advocacy, therapeutic recreation, graffiti abatement. . Serves So. Central L.A. **OFFICE HOURS:** Monday thru Saturday 8:30 a.m. to 5:00 p.m. Services are free.

**POMONA VALLEY HOSPITAL MEDICAL CENTER**

Family Birth Services  
1798 N. Garey Avenue  
Pomona, CA 91767  
(909) 620-6663

Program offered include: infant & child CPR, working women's breast feeding, Mommy & Me. Call to register or obtain information.

**POMONA UNIFIED SCHOOL DISTRICT**

Adults & Career Education  
1515 W. Mission Blvd.  
Pomona, CA 91766  
(909) 469-2333  
(909) 632-3841 FAX

Offers Parent Education classes. Serves: Pomona, La Verne, San Dimas, Diamond Bar. counseling. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 8:00 p.m., Friday 8:00 a.m. to 4:30 p.m.

**PROJECT JADE**

Juvenile . Diversion Effort  
8650 California Ave.  
South Gate , CA 90280  
(323) 564-5233

Offers youth diversion and delinquency prevention program, providing family and group counseling, parenting classes, tutorial assistance and gang prevention. 24-72 hour wait for services, immediate services for crisis and urgent cases. Serves Cudahy, Bell, Maywood, Huntington Park, South Gate, Florence, Firestone and Walnut Park. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 6:00 p.m., evening and weekend hours for counseling services. Staff speak Spanish. Services are free with a nominal registration fee.

**PROJECT INFO COMMUNITY SERVICES**

Administrative Office  
94015. Painter Ave., Suite 104  
Whittier, CA 90605  
(562) 696-9436

Family communication parenting classes for parents with children 9 yrs of age or older, counseling, alcohol and drug prevention, early intervention and outpatient drug free counseling, Serves Whittier, Santa Fe Springs, Pico Rivera, Norwalk, La Mirada and nearby areas. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 4:30 p.m. Staff speak Spanish. Sliding fee scale, some services are free.

**PROJECT INFO COMMUNITY SERVICES**

11046 Valley Mall Road  
El Monte, CA 91731  
(626) 442-4788  
(626) 448-3425 FAX

Provides parenting classes in Spanish and English, certified domestic violence program for male and females, support groups, Teen group. Serves: San Gabriel Valley. **OFFICE HOURS:** Tuesday thru Friday 8:30 a.m. to 4:30 p.m. Staff speak Spanish. Sliding fee scale, no one turned away due to inability to pay.

**PROJECT INFORMATION COMMUNITY SERVICES**

CARINO Program  
13337 Lakeland Road  
Whittier, CA 90605  
(562) 906-1145  
(562) 946-5301 FAX

CARINO stands for Child Abuse Risk Intervention and Neighborhood Outreach. In Spanish it means "tender affection" and expresses our acceptance and care for families struggling to break the cycle of child abuse. Serves Whittier, Santa Fe Springs, Pico Rivera, Norwalk, and La Mirada. Offers Inhome and In-agency parenting support for families with children under 14 yrs of age and counseling for children and their families. **OFFICE HOURS:** Monday thru Friday 9:00a.m. to 6:00 p.m. and some evening classes. Staff speak Spanish.

**PROJECT D.A.Y.**

Diversion Alternatives for Youth  
1020 N. Fair Oak Ave., Suite 308  
Pasadena, CA 91103  
(626) 798- 6749

Provides youth diversion in the form of positive parenting, tutoring (including art instruction and drama) vocational training, and individual therapy. Parent education, family life education, multi family therapy; (Spanish and English classes). Free tutoring, vocational training. Serves Pasadena, South Pasadena, Sierra Madre, and Altadena. Call for details. There is a 1 week wait for services. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m. Staff Speak Spanish..

**PROJECT INFO COMMUNITY SERVICES, INC.**

CPRP Services

656 N. Glendora Ave., Unit C &amp; D

LA Puente, CA 91744

(626) 968-8016

(626) 968-2046 FAX

Family recovery agency. Alcohol counseling for the family. Self-help group: AA, Alanon; women's support group, self-help classes; communications skills classes. Special youth services including Youth at Risk, Community Outreach and Teen Talk program. Serves: San Gabriel Valley. Walk-in or call. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 4:30 p.m. Staff speak Spanish. Sliding fee scale, no one is turned away due to inability to pay.

**PROJECT HEAVY WEST**

Administration Office

1600 Sawtelle Blvd., Suite 300

Los Angeles, CA 90025

(310)477-1293 (Office)

(310)477-1373 FAX

Parent education, youth counseling, truancy reduction programs, family counseling, substance abuse prevention and treatment, graffiti removal, dispute mediation. Serves youth 9-19 yrs. Serves West L.A. Call for details. WAIT: 3 days. The Graffiti Removal number is (323)937-1675. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Full time staff speak Spanish. Services are free.

**PROJECT INFO COMMUNITY SERVICES**

Communication Skills/Parenting

1505 S. Sunflower Ave.

Glendora, CA 91740

(626) 335-8153 24 Hour Line

Teaches communication skills and parenting to families with children ages 10 and above as an alternative to using drugs and alcohol, anger, withdrawal or other evasive behavior when problems in relationships occur. Classes are held in Glendora one night a week for seven weeks. Agency works closely with schools and agencies teaching classes and workshops. Serves: East San Gabriel Valley **OFFICE HOURS:** Monday thru Friday 8:30 a.m to 4:30 p.m. . No one is turned away because of inability to pay.

**REISS-DAVIS CHILD STUDY CENTER**

3200 Motor Ave.

Los Angeles, CA 90034

(310)204-1666 (Ans Svs)

(310)838-2791 FAX

Provides short and long term psychotherapy for children or adolescents, parent guidance, special programs for divorcing families, step families and for children with learning problems. Serves families with children ages 0-25 yrs. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Sliding fee scale.

**RICHSTONE FAMILY CENTER**

Center for Positive Parenting

13620 Cordary Ave.

Hawthorne, CA 90250

(310) 970-1921

Counseling and support services for children, adults and families. After school programs, parenting classes in English and Spanish, family activity days, community resource library for clients, staff and the community, children from chemically affected families and child abuse prevention, home visitation, Richstone Kids Club, computer and tutorial programs, conflict resolution. Teen Pregnancy Prevention program, independent study program for teen mothers and child care for their babies. Serves South Bay, Centinela Valley and Southeast L.A. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 7 p.m., Friday 8:00 a.m. to 3:00 p.m., Saturday 9:00 a.m. to 1:00 p.m. Staff speak Spanish. Sliding fee scale, no one turned away for lack of funds.

**ROWLAND ADULT SCHOOL**

Rowland Unified School District

19100 E. Killian

Rowland Heights, CA 91748

(626) 965-5975

(626) 854-1191 FAX

Provides Parent Education classes. **OFFICE HOURS:** Monday thru Thursday 8:00 a.m. to 9:00 p.m. Friday 8:00 a.m. to 4:00 p.m.

**SALVATION ARMY/RED SHIELD CENTER**

Red Shield Youth & Community Center

1532 W. 11th Street

Los Angeles, CA 90015

(213) 381-3747

(213) 381-6994 FAX

Many services offered including parent education classes. Walk-in clients accepted. Serves downtown Los Angeles, Pico Union area. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 9:00 p.m., Saturday 10:00 a.m. to 2:00 p.m. Staff speak Spanish.

**SAN FERNANDO VALLEY CHILD GUIDANCE**

Family Stress Center

15157 Roscoe Blvd.

Panorama City, CA 91402

(818) 993-9311

Provides extensive psychotherapeutic services to families with children where child abuse or sexual abuse has occurred or where there is a risk of abuse or neglect. Includes individual and family counseling, therapeutic play groups for physically and sexually abused children and their families, parent education, child abuse prevention workshops plus assistance to families with young children undergoing life changes or crisis. Serves San Fernando Valley, North L.A. County. **OFFICE HOURS:** Monday thru Thursday 7:00 a.m. to 8:00 p.m., Friday 8:30 a.m. to 5:00 p.m. Staff speak Spanish, information in Spanish is available by calling (818) 830-0200.

**SAN FERNANDO VALLEY COUNSELING CENTER**

8350 Reseda Blvd.

Northridge, CA 91324

(818) 341-1111

Non-profit agency providing low fee psychological counseling for low income population by para-professionals; interns and trainees (students). Provides psychological counseling for individual, family, conjoint and groups, with a focus on common problems of living and relating, specific crisis, or on personal dev and enrichment. (May include: issues like family communication, step-parent problems, parent-child conflict, problems related to adolescents.) Does not accept court ordered cases. Serves families with an income below \$42,000 annually. Serves: San Fernando Valley, Santa Clarita Valley, L.A. and Ventura Counties. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 9:00 p.m., Saturday 8:00 a.m. to 3:00 p.m. Staff speak Hebrew, Spanish, Turkish and Farsi. Fees are \$10-40 per visit. No insurance billing. Intake fee \$10.

**SANTA ANITA FAMILY SERVICE**

716 N. Citrus Ave.

Covina, CA 91723

(626) 966-1755

(626) 859-0999 FAX

Provides counseling programs serving children, teens, and families, issues addressed are school adjustment, chemical abuse problems, teen depression, and parent education. Serves: San Gabriel Valley. Call for appointment. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Med-Cal not accepted, sliding fee scale \$20 and up.

**SANTA CLARITA CHILD/FAMILY DEVELOPMENT CENTER**

Mental Health Clinic

21704 Golden Triangle Rd, Suite 120

Saugus, CA 91350

(805) 259-9439

(805) 255-6853 FAX

Provides individual, and family group counseling for children. Parenting classes offered on a 10-12 week cycles. Groups for children. Some social skills groups for children. Some single parent and youth counseling may be free if eligible. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 8:00 p.m., by appointment.

**SCLARC FAMILY RESOURCE CENTER**

2160 W. Adams Blvd.

Los Angeles, CA 90018

(323)730-2279

(323)730-0793 FAX

Offers families with special problems resource information, referral, advocacy, training, parent support groups, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs also available. Serves Bell Gardens, Carson, Compton, Cudahy, Dominguez Hills, Downey, Firestone, Florence, Huntington Park, Lynwood, Paramount, San Antonio, South Central L.A., Southeast L.A., Southwest L.A. and South Gate. **OFFICE HOURS:** Monday to Friday 8:30 a.m. to 5:00 p.m. Services are free.

**SCLARC FAMILY RESOURCE CENTER**

178008. Main Street, Suite 101

Gardena, CA 90248

(310) 366-6551

(310) 366-6560 FAX

Offers families with special needs resource information and referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves Gardena, Carson, Compton, Torrance, and Lawndale. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 2:30 .pm. Services are free.

**SCLARC FAMILY RESOURCE CENTER**

2225 W. Adams Blvd.

Los Angeles, CA 90018

(323)730-2326

(323)731-3996 FAX

Family Resource Center for families with special needs. Offer resource info & referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs. Serves South Central L.A., Southeast L.A., Southwest L.A. Call for information. **OFFICE HOURS::** Monday thru Friday 9:00 a.m. to 300 p.m. Services are free.

**SEA/PARENTS HELPING PARENTS**

3763 E. 4th Street

Los Angeles, CA 90063

(323) 261-9779

(323) 261-1445 FAX

Offers a unique peer support group of parents who have previously been involved with gangs and violence and have completed parenting classes. These parents facilitate the "Wounded - Healer" Teachings. Provide parenting skills classes, CDD school for youth 12-17 yrs and drug counseling. Serves South Central Los Angeles, Pomona, Altadena, Compton and East Los Angeles. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish. Most services are free. Parenting classes have minimum fee.

**SINGLE PARENT NETWORK**

3940 2nd Ave.

Los Angeles, CA 9000-2702

Informative, direct resource and referral services and workshop for single parents who are presently divorced, widowed, separated, custodial or never married. Concerning issues in the home, school, workplace and community. Serves Los Angeles County. **OFFICE HOURS:** Monday thru Friday 10:00 a.m. to 7:00 p.m. Call for appointment.

**SOJOURN SERVICES**

P.O. BOX 7081

Santa Monica, CA 90406-7081

(310)264-6644 (24 hrs/Crisis)

(310)264-6645 FAX

Services for battered women and their children. 24 hour hotline. 4-6 week crisis shelter, legal, info & referral, children's program (play and art therapy), non-violent parenting skills. Outreach program offers advocacy and support groups. Education program provides training and technical Serves L.A. County. Hotline is T.D. accessible.

**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.. Full time staff speak Spanish. Services are free.

**SOLEDAD ENRICHMENT ACTION (S.E.A.)**

161 S. Fetterly Ave.

Los Angeles, CA 90022

(323) 261-9780

S.E.A. works with parents providing 20 parenting sessions and a Second Phase Support Group. Serves East Los Angeles, South Central Los Angeles, Compton, Altadena, Cudahy, Highland Park, Pomona, Lincoln Heights and Buena Park. Call for details or appointment. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Staff speak Spanish.

**SOUTH CENTRAL LOS ANGELES MULTI-SERVICE/CHILD DEVELOPMENT**

320 E. 111th Street

Los Angeles, CA 90061

(323) 756-9380

(213) 847-4814 FAX

Preschool and school age child care services for children in South Central Los Angeles and infants of teen parents, Monday thru Friday 6:00 a.m. to 6:00 p.m. Free dental exams for children ages preschool to teenage. Serves South Central Los Angeles. Sliding fee scale with many services free.

**SOUTH BAY CENTER COUNSELING**

360 N. Sepulveda Blvd., Suite 2075

El Segundo, CA 90245

(310) 414-2090 24 Hour Line

(310) 414-2096 FAX

Provides family, child individual and group counseling. Parenting classes are offered, child care may be available. Diagnosis & treatment of child abuse. Therapeutic preschool and school counseling program. **OFFICE HOURS:** Monday thru Thursday 9:00 a.m. to 9:00 p.m., Friday 9:00 a.m. to 7:00 p.m., Saturday 8:00 a.m. to 2:00 p.m. Sliding fee scale \$11-\$56.

**STORK CLUB/OPTIONS FOR RECOVERY**

1124W. Carson Street, Bldg. N-33

Torrance, CA 90502

(310) 222-5410

Provides parenting classes for addicted women. No waiting for services. Serves Harbor, South Bay areas. Call for details. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m. Services are free.

**SOUTHEAST FAMILY RESOURCE CENTER**

Pharis Fedde Junior High School  
21409 5. Elaine Street, Room 29  
Hawaiian Gardens, CA 90716  
(562) 926-9838  
(562) 402-8528 FAX

The Family Resource Center provides services to families with special needs. It offers resource information and referral, advocacy, training, parenting classes, parent support groups, social opportunities for families, sibling support groups, and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves Artesia, Bellflower, Cerritos, Hawaiian Gardens, La Mirada, Lakewood and Norwalk. Call for information. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 3:00 p.m. Staff speak Spanish and Sign Language Services are free.

**SOUTHERN CALIFORNIA INDIAN CENTER, INC**

Indian Child and Family Services  
3440 Wilshire Blvd., Suite 904  
Los Angeles, CA 90010  
(213)387-5772  
(213)387-1243 FAX

Monitoring and supervision of American Indian children in foster and pre-adoptive placements; counseling for abused or sexually molested children and their families; casework and court advocacy for Indian families involved in involuntary child custody proceedings, screening, referral and support services for children with Fetal and Alcohol Effect; family reunification efforts and parent education classes; training for county social workers about the Indian Child Welfare Act and cultural differences. ICFS is also a Foster Family Agency licensed to recruit, train and certify American Indian children needing a temporary home. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to-5:00 p.m.

**SOUTHERN CALIFORNIA YOUTH & FAMILY CENTER**

101 N. La Brea Ave., Suite 100  
Inglewood, CA 90301  
(310) 671-1222 Voicemail  
(310) 671-0687 FAX

Comprehensive services to adolescents and their families. Program focuses on teen pregnancy prevention and family life education, teen pregnancy and parenting, and violence prevention. Serves Long Beach, South Bay and Inglewood. Walk-in's accepted. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:30 p.m. Staff speak Spanish. Services are free.

**SOUTHERN CALIFORNIA YOUTH & FAMILY CENTER**

3939 Atlantic Ave., Suite 100  
Long Beach, CA 90807  
(562) 989-4300  
(562) 989-4311 FAX

Comprehensive services to adolescents and their families. Program focuses on teen pregnancy prevention and family life education, AIDS prevention, teen pregnancy and parenting, and violence prevention. Provides collaboration between schools, community organizations and public agencies. Serves Long Beach, South Bay and Inglewood. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:30 .pm. Staff speak Spanish. Services are free.

**SOUTHWEST SPECIAL EDUCATION**

Family Resource Center  
300 N. Continental Blvd., Suite 510  
El Segundo, CA 90245  
(310) 606-0859  
(310) 605-0893 FAX

The Family Resource Center is for families with special needs. Offers resource information, referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, parent to parent support groups and a resource library and newsletter. Equipment, toys, Share Programs available. Serves Inglewood, Lawndale, Hawthorne, Torrance, Lennox, El Segundo, Hermosa, Manhattan Beach, Redondo Beach, Palos Verdes, Rolling Hills. Call for information. Services are free.

**ST. FRANCIS CHILDREN'S CENTER**

3630 E. Imperial Highway  
Lynwood, CA 90262  
(310) 603-6393

Provides outpatient counseling for children who have been abused or are at risk, their parents, families and other siblings; individual and groups counseling. One month waiting period for services. Serves Southeast Los Angeles. **OFFICE HOURS:** Monday thru Thursday, 10:00 a.m. to 8:30 p.m., Friday 10:00 a.m. to 6:00 p.m. Staff speak Spanish. Sliding fee scale.

**ST. FRANCIS CHILDREN'S CENTER**

3630 E. Imperial Highway  
Lynwood, CA 90262  
(310) 603-6393 24 Hour Line

Provides counseling for children who have been abused or at risk, their parents and other siblings, individual, group. Parenting classes, prevention educ. for outside groups. Serves: Southeast L.A. There is a 1 to 2 month wait for services. **OFFICE HOURS:** Monday, Thursday 9:30 a.m. to 8:30 p.m., Friday 9:30 a.m. to 6:00 p.m. Center open 24 hrs. Full Time staff speak Spanish. Counseling on sliding fee scale. Accepts Medi-Cal.

**STRAIGHT TALK/SUPPORT GROUPS**

Cypress Office  
(714) 828-2000  
(714) 828-0758 FAX

Straight Talk offers: parenting skills classes, children's group, stepparents support group, and wide range of counseling services.

**SUNRISE COMMUNITY COUNSELING CENTER**

537 S. Alvarado Street  
Los Angeles, CA 90057  
(213)207-2770  
(213)207-2773 FAX

Non-profit outpatient counseling, mental health and substance abuse, transition home for female and children and court approved Domestic Violence Barterer's Program. After jail or prison program. Parenting program. Serves Los Angeles County. Call for an appointment. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:00 p.m. Full time staff speak Spanish, Tagalog, Portuguese. Sliding fee scale from \$0 up. Accepts Medi-Cal.

**TARZANA TREATMENT CENTER**

18646 Oxnard St.  
Tarzana, CA 91356  
(818) 996-1051 or (818) 345-3779

Provides parenting classes and other services. For information contact Alicia Van Ooyen, Program Manager



**TEEN PARENT PROGRAM/YMCA-WEST END**

600 n. Park Ave.  
Pomona, CA 91768  
(909) 622-4432  
(909) 622-3524 FAX

Offers parenting classes for parents of teen parents. Teen mentoring program. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m.

**THE ARK**

11705 Deputy Yamamoto Pl., Suite A  
Lynwood, CA 90059  
(213) 357-6930

Provide an extensive parent education curriculum to educate and inform parents of children from ages 0 - 5 years. Classes cover physical development, language and cognitive development, self esteem, play/creativity, discipline, stress management, health and safety issues, nutrition, home management, and sex education.

**T.H.E. CLINIC**

3860 W. Martin Luther King Blvd.  
Los Angeles, CA 90008  
(213) 294-3169 or (213) 295-6577

Provides parenting classes and other services.

**THE COVENANT RESOURCE CENTER**

Rainbow Parenting  
4130 Atlantic Ave, Ste 102  
Long Beach, CA 90807  
(562) 427-4405  
(562) 989-3703 FAX

Scripturally based parenting classes for concerned Christian parents (6 wk series). Teaching parents effective strategies for motivation, discipline and self awareness and ways to teach children responsibility, values, self discipline and ways to resist the pressures of the streets. Classes are court approved. Also offers videos and homework tutorials for children ages 6-18 while parents attend class. Serves Los Angeles and Orange Counties. **OFFICE HOURS:** Monday thru Friday 10:00 a.m. to 5:00 p.m., Saturday 11:00 a.m. to 3:00 p.m. Fees: \$5-\$15 per class.

**THE PARENTS PLACE**

Family Resource Center  
1502 West Covina Parkway, Ste. 101  
West Covina, CA 91790  
(626) 856-8861  
(626) 337-2736 FAX

The Family Resource Center provides services for families with special needs. Offers resource information and referral, advocacy, training, parent support groups, social opportunities for family, sibling support groups, parent to parent support group and a resource library and newsletter. Equipment, toys, Share Programs are available. Serves San Gabriel, Pomona Valley. Call for information. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 p.m. Services are free.

**THE PARENT CONNECTION, INC**

12479 Walsh Ave.  
Los Angeles, CA 90066  
(310)823-7846 (24 hrs)  
(310)473-5807 FAX

Breakthrough Parenting classes 50 weeks a year for parents with everyday problems (open enrollment). Special class for parents with court requirements. Parents and custody, support for parents with custody disputes. Serves West L.A. Sliding fee scale.

### **TORRANCE ADULT SCHOOL**

Hamilton Center  
2606 W. 182nd Street  
Torrance, CA 90504  
(310) 533-4459  
(310) 533-4706 FAX

Offers parenting education. Serves South Bay area. Extensive educational offerings. **OFFICE HOURS:** Monday thru Thursday 7:30 a.m. to 9:30 p.m., Friday 7:30 a.m. to 4:00 p.m.

### **UCLA PARENT TRAINING PROGRAM**

300 UCLA Medical Plaza  
Los Angeles, CA 90024-6967  
(310) 825-0142

Teaches parents easy effective techniques to increase cooperation and reduce conflict in the home and at school. Problems are dealt with in small classes or individual sessions. Also offer 12 week social skills training for youth 7-12 yrs of age who have difficulty making and keeping friends. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m.

### **URBAN MINISTRY OF LOS ANGELES.**

First Unitarian Church  
2936 8th Street  
Los Angeles, CA 90005  
(213)389-1356

Nonprofit multipurpose social services agency providing off-track homework lab, tutoring and educational program for children grades 1-3. School Hours: Monday, Wednesday, Friday 9:00 a.m. to 12:00 p.m..  
Serves Pico-Union. **OFFICE HOURS:** Monday, Wednesday 10:00 a.m. to 2:00 p.m. Contact Jim Schmeltzer, Ext 10 Staff speak Spanish. No fee required..

### **VALLEY COUNSELING**

17547 Ventura Blvd, Suite 310  
Encino, CA 91316  
(818) 995-0368  
(818) 955-4044 FAX

Provides psychotherapy and counseling for individuals, couples, families, children and adolescents. Specialities include: depression disorders, childhood disorders, anxiety, phobia & panic disorders, psychological, education and attention testing, substance abuse, incest or molestation, bereavement counseling. Therapy groups and workshops, support groups, referrals to appropriate resources when additional help is needed. Fees are based on a sliding fee scale determined by income and ability to pay. Call for details. Most health insurance is accepted.

### **VICTORY FOUNDATION, INC**

134 S. San Fernando Blvd.  
Burbank, CA 91502  
(626) 842-9446

Victory Foundation is a non-profit agency providing individual group counseling, parenting classes, specialized women services, and sober living for men. Serves San Fernando Valley, Pasadena, Glendale, and Burbank. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 6:00 p.m., Saturday 8:00 a.m. to 12:00 p.m. Sliding fee scale from \$25 per week.

### **VOLUNTEERS OF AMERICA/LOS ANGELES**

Corporate Office  
3600 Wilshire Blvd, Suite 1500  
Los Angeles, CA 90010  
(213) 389-1500  
(213) 385-7599 FAX

Provides family counseling, parenting classes, child care, educational program including Head Start and Upward Bound. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m..

### **VOLUNTEERS OF AMERICA/LOS ANGELES**

Corporate Office  
3600 Wilshire Blvd, Suite 1500  
Los Angeles, CA 90010  
(213) 389-1500  
(213)385-7599 FAX

Provide family counseling, homeless shelter, parenting classes, child care, ex-offender residential programs, senior services, educational program including Head Start and Upward Bound, senior meals and substance abuse treatment. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 5:00 p.m.

### **WEST SAN GABRIEL JUVENILE DIVISION**

9631 E. Las Tunas Dr., Suite A  
Temple City, CA 91780  
(626) 285-9777  
(626) 285-2373 FAX

Delinquency prevention and treatment services. Counseling for suicide or high risk children ages 4-18 yrs. Psychological counseling, JTPA summer youth employment (ages 14-21 yrs), education programs, parenting classes, one-to-one remedial reading program for students one yr. Or more below grade level, summer camperships, info & referral. There is a 1 week wait for services. Serves: Arcadia, Alhambra, Rosemead, San Gabriel, Monterey Park. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m., evenings and Saturdays by appointment. Sliding fee scale from \$5-\$45.

### **WESTMINSTER CENTER**

867 E. Atchison Street  
Pasadena, CA 91104  
(626) 798-0915  
(626) 798-1850 FAX

Provides counseling by licensed therapists, for parenting, depression, work problems, grief, relationships, domestic violence, school problems, sexual abuse, anxiety, etc. Services for individuals, families, and groups in a neighborhood setting. Speakers Bureau for schools, churches, and group meetings is available. Serves Pasadena, and San Gabriel Valley. **OFFICE HOURS:** Monday thru Saturday 9:00 a.m. to 9:00 p.m., by appointment. Sliding fee scale.

### **WESTSIDE NEIGHBORHOOD CLINIC**

1436 W. 23rd Street  
Long Beach, CA 90810  
(562) 595-5507  
(562) 492-9977 FAX

Low cost health care for adults, children and pregnant women. Primary medical services for those unable to access elsewhere; prenatal care, pediatrics, immunizations, mental health counseling, parenting classes. Serves South Bay area. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 5:00 p.m., Tuesday 8:00 a.m. to 7:00 p.m. Staff speak Spanish. Accepts Medi-Cal. No one refused service.

### **WESTSIDE COASTAL FAMILY RESOURCE**

5901 Green Valley Circle, Suite 320  
Culver City, CA 90230-6938  
(310)258-4063  
(310)649-2033 FAX

Family Resource Center for families of children with special needs. Offer resource info & referral, advocacy, training, parent support groups, social opportunities for families, sibling support groups, a resource library & newsletter. Equipment, toys, share programs. Serves: Beverly Hills, Bentwood, Culver City, Inglewood, Lawndale, Malibu, Santa Monica, Venice, West Los Angeles, Westchester. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:00 p.m. Services are free.

**WRAP AGENCY**

Formerly W. Reg Asian Pacific Agency  
8616 La Tijera Blvd., Suite 200  
Los Angeles, CA 90045  
(310)337-1550

Providing counseling, case management, info & referral, outreach, community educ., advocacy, consultation, training to the under served Asian Pacific communities, parenting classes and delinquency prevention programs. Full time staff speak Vietnamese, Tongan, Fijian, Korean, Cambodian and Japanese. Sliding fee for scale for counseling.

**YMCA/GREATER LONG BEACH**

Los Cerritos Family Branch  
15530 Woodruff Ave.  
Bellflower, CA 90706  
(562) 925-1292

Provides child care, preschool, day camps, youth sports, parent and child, teen leadership and mentoring, gymnastics, karate, parenting classes, lifesaving classes, aquatic classes, resident camps. Serves Artesia, Bellflower, Cerritos and Paramount. Child Care Hours: Monday thru Friday 6:30 a.m. to 6:30 p.m. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 6:30 p.m.

**YOUNG HORIZONS**

320 Pine Ave., Suite 308  
Long Beach, CA 90802  
(562)435-4080

Nonprofit Juvenile Diversion Program steers youth from criminal and gang lifestyles, provides counseling for youth and parents, with parenting and child dev classes. Gang Violence Suppression (GVS) programs aims to reduce violence among youth involved in gangs. State funded preschool program. Mentoring program. Serves Long Beach.

**YWCA/GREATER L.A./COMPTON**

Compton Center  
1600 Compton Blvd.  
Compton, CA 90221  
(310)764-1033 (Rape Hotline)  
(310)765-9590 FAX

Summer day camp, teen mother program, sexual assault crisis counseling, domestic violence program, child abuse and parent educ. classes Child care is provided for ages: 2-5 yrs., info & referral for shelter, food, clothing, housing. Serves: L.A. Walk-in or call. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m.

**YWCA/SANTA MONICA**

2019 14th Street  
Santa Monica, CA 90405  
(310)452-3881  
(310)392-7588 FAX

Fitness classes, summer day camps for youth, after school child care M-F to 6:00 p.m. Also provide adult & youth classes, free exercise & support group for women with breast cancer, exercise for seniors, exercise for beginners, girls' basketball, parenting classes and support groups. **OFFICE HOURS:** Monday thru Friday 8:30 a.m. to 8:00 p.m., Saturday 8:30 am to 12:00 p.m.

**YWCA/WATTS**

Greater L.A. Program Location  
2053 E. 99th Place, Unit 255  
Los Angeles, CA 90002  
(323) 567-2145

After school program hours are Monday thru Friday 9:00 a.m. to 5:30 p.m. Parenting classes are offered on a as needed basis on Wednesday 10:00 a.m. to 12:00 p.m., at no charge. Serves Watts and nearby areas. **OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 5:30 p.m. Staff speak Spanish. Annual Membership fee: \$22 for adults, & 10 for teens.

**YWCA/HARBOR AREA**

437 W. 9th Street  
San Pedro, CA 90731  
(310) 547-0831

Infant, preschool and latchkey child care, day camp, free parenting class offered in English and Spanish, cradle closet for pregnant teens or anyone with a low income, information and referral services for families in crisis. Serves San Pedro, Long Beach, Harbor City, Wilmington, Carson, Lomita, Harbor Gateway and Palos Verdes. Call for details. **OFFICE HOURS:** Monday thru Friday 8:00 a.m. to 4:30 p.m., child care 6:30 a.m. to 6:00 p.m. Staff speak Spanish.

**PARENTING RESOURCE DIRECTORY**

**REFERRAL USAGE FORM**

This form is designed so you can provide us with feedback on your experience with the resources in this Directory. Specific feedback should be referred directly to the agencies.

1. Referring Agency:
  
2. Parenting Resource utilized:
  
3. Reason for referral (general description):
  
4. Experience with the Agency (Commendation/Area of Concern):

Name of the Agency: \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_

Contact Name (optional) \_\_\_\_\_

Mail or fax this form to Sandra Guine, L.C.S.W., A.C.S.W., Department of Health Services, Child Abuse Prevention Program, 241 No. Figueroa St., Room 306, Los Angeles, CA 90012 or Fax to (213) 482-3997.